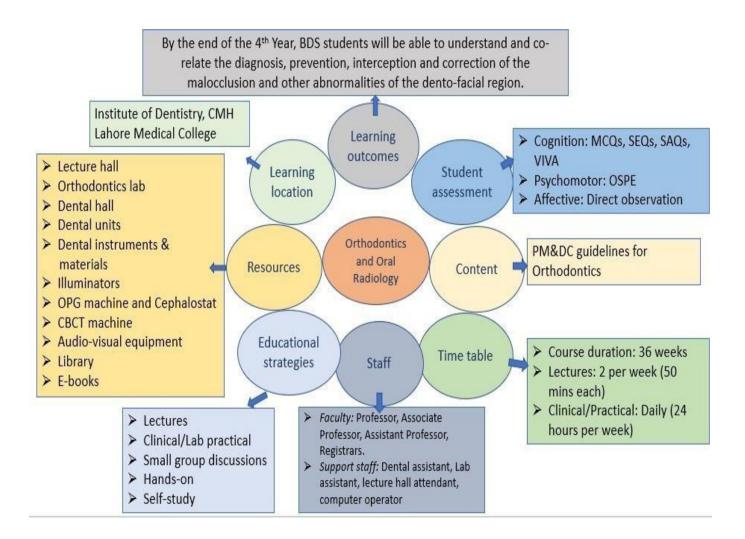
INTRODUCTION TO ORTHODONTICS AND ORAL RADIOLOGY

The word "Orthodontics" is derived from Greek words *orthos* meaning correct and *odontos* meaning teeth. The subject of Orthodontics is a branch of dentistry that is concerned with the diagnosis, prevention, interception and correction of the malocclusion and other abnormalities of the dento-facial region.

Curricular map of Orthodontics and Oral Radiology



Resources:

- Teaching resources
- Supporting staff
- Infrastructure resources

Teaching resources

Sr. #.	Faculty Name	Designation as per PM & DC certificate	Qualification
1	Duraf Du Muhammad Osaim Sacad	Duefeese	BDS, Ph.D
1	Prof. Dr. Muhammad Qasim Saeed	Professor	(Orthodontics)
2	Dr. Haris Khan	Associate Professor	BDS, FCPS, FFDRCSI (Orthodontics)
3	Dr. Asma Rafi Chaudhry	Assistant Professor	BDS, FCPS (Orthodontics)
			BDS, FCPS
4	Dr. Junaid Dayar	Senior Registrar	(Orthodontics)
			,
5	Dr. Nida Asad Dar	Registrar	BDS
6	Dr. Afroze Qutab	Demonstrator	BDS
7	Dr. Ramsha Kanwal	Demonstrator	BDS
8	Dr. Maha Urooj	Post Graduate Resident	BDS
9	Dr. Maham Munir	Post Graduate Resident	BDS
10	Dr. Hafiz Muhammad Zahid Majeed	Post Graduate Resident	BDS
11	Dr. Eesha Muneeb	Post Graduate Resident	BDS
12	Dr. Anum Raza	Post Graduate Resident	BDS
13	Dr. Farhana Umer	Post Graduate Resident	BDS
14	Dr. Aroosh Ahmad	Post Graduate Resident	BDS
15	Dr. Ayesha Tariq	Post Graduate Resident	BDS
16	Dr. Hajira Arham	Post Graduate Resident	BDS
17	Dr. Khaula Ashfaq	Post Graduate Resident	BDS
18	Dr. Awrisha Tariq	Post Graduate Resident	BDS
19	Dr. Hamna Omair	Post Graduate Resident	BDS
20	Dr. Anila Shah	Post Graduate Resident	BDS

Supporting Staff

	Orthodontics and Oral Radiology Dep	partment
1	Seth Hassan Wali	Computer Operator
2	Sidra Sharif	Sterilization Assistant
3	Abid Bashir	Dental Surgery Assistant
4	Awais Zafar	Dental Surgery Assistant
5	Ayaz Khan	Dental Surgery Assistant
6	Zeeshan Ali	Dental Surgery Assistant
7	Muhammad Azam	Dental Surgery Assitant
8	Munawar	Dental Technician
9	Tayyab Ramzan	Ward Boy/ DSA
10	Muhammad Saeed Liaqat	Laboratory Attendant
11	Syed Shazaib	Peon
12	Subhan Ali	Radiographer
13	Allah Ditta	Radiology Assistant
14	Azrar Shakoor	Radiology Assistant
15	Ijaz Ahmed	Radiology Assistant

<u>Infrastructure resources</u>

Sr. #.	Infrastructure Resources	Quantity
1	Operating Halls	1
2	Dental Units	10
3	Orthodontics Dental Laboratory/Ceph Room	1
4	 Dental Stools Operating Hall Orthodontics Dental Laboratory/Ceph Room 	10 24
5	Illuminators	15
6	OPG Machine and Cephalostat	2
7	CBCT machine	1
8	Reception	1
9	Mini Library	1
10	Staff Room	1
11	Dental Stores	2
12	Model Room	1
13	Dental instruments and materials	

TEACHING AND LEARNING STRATEGIES

Multiple educational methods will be used comprising of self-study, interactive lectures, group discussions, practical, and manual dexterity skill sessions.

(i) Methods for achieving cognitive objectives

- Interactive lectures using audio visual aids on power point presentation
- Group discussions in form of large group and small group
- Hands on demonstrations
- Tutorials
- Collaborative learning
- Self-study and reading from learning resources

(ii) Methods for achieving psychomotor objectives

- Diagnosis and treatment planning
- Patient handling
- Clinical skills

(iii) Methods for achieving affective objectives

- Interaction with peers, group members, teachers, support staff etc.
- Group discussions (small and large)
- Oral presentations by students

LEARNING METHODOLOGIES

The following teaching / learning methods are used to promote better understanding:

- Interactive Lectures
- Clinic visits
- Small Group Discussion
- Case- Based Learning
- Clinical rotations (CR)
- Skills session
- E- Learning
- Self- Directed Study

INTERACTIVE LECTURES

In large group, the lecturer introduces a topic or common clinical conditions and explains the underlying phenomena through questions, pictures, videos of patients, interviews, exercise etc. students are actively involved in the learning process.

CLINICAL VISITS:

In small groups, students observe patients with signs and symptoms in clinical settings. This helps students to relate knowledge of basic and clinical science of the relevant module.

SMALL GROUP DISCUSSION (SGD)

This format helps students to clarify concepts acquire skills or attitudes. Sessions are structured with the help of specific exercise such as patient case, interviews or discussion topics. Students exchange opinions and apply knowledge gained from lectures, tutorials and self-study. The facilitator role is to ask probing questions, summarize, or rephrase to help clarify concepts.

CASE- BASED LEARNING

A small group discussion format where learning is focused around a series of questions based on a clinical scenario. Students' discuss and answer the questions applying relevant knowledge gained in clinical and basic health sciences during the module.

CLINICAL ROTATIONS (CR)

Clinical rotations for clinical subjects like Operative Dentistry, Orthodontics, Prosthodontics and Oral Surgery are scheduled for student learning.

SKILLS SESSION

Skills relevant to respective module are observed and practiced where applicable in skills laboratory.

SELF DIRECTED STUDY

Students' assume responsibilities of their own learning through individual study, sharing and discussing with peer, seeking information from Learning Resource center, teachers and resource persons within and outside the college. Students can utilize the time within the college scheduled hours of self- study.

E-LEARNING

E-L earning is a strategy by which learning occurs through the utilization of electronic media, typically the Internet. The basic aspects of medical professionalism and ethics will be addressed through and E-Learning course.

CURRICULUM IMPLEMENTATION

Curriculum implementation refers to putting into practice the official document including course content, objectives, learning and teaching strategies. Implementation process helps the learner to achieve knowledge, skills and attitudes required of the learning tasks. Learners are a pertinent component of the implementation process. Implementation occurs when the learner achieves the intended learning experiences, knowledge, ideas, skills and attitudes which are aimed to make the learner an effective part of the society. Curriculum implementation also refers to the stage at which curriculum is put into effect. There has to be an implementing agent as well. Teacher is an important part of this process and implementation of the curriculum is the way the teacher selects and utilizes various components of the curriculum. Implementation occurs when the teacher's formulated course content, teacher's personality and teaching and learning environment interact with the learners. Therefore, curriculum implementation is how the officially planned course of study is translated and reflected by the teacher into schemes of work, lesson plans, syllabus and resources are effectively transferred to the learners. Curriculum implementation can be affected by certain factors such as teachers, learners, learning environment, resource materials and facilities, culture and ideology, instructional supervision and assessments.

Personnel involved in teaching and facilitation

- (i) Lectures delivery by:
 - a. Prof. Dr. Muhammad Qasim Saeed (Professor)
 - b. Dr. Haris Khan (Associate Professor)
 - c. Dr. Asma Rafi Chaudhry (Assisstant Professor)
- (ii) Registrars for clinics/practical and small group discussion sessions:
 - a. Dr. Junaid Dayar (Senior Registrar)
 - b. Dr. Nida Asad Dar
- (iii) Support staff:
 - a. Peon: 1
 - b. Dental surgery assistants: 6
 - c. Sterilization assistant: 1
 - d. Dental technician: 1
 - e. Laboratory attendant: 1
 - f. Radiographer: 1
 - g. Radiology assistants: 3
- (iv) Computer assistant: 1 as nominated by the college

Time frame:

Course duration:

• Lectures: 36 weeks

• Clinical rotations: 8 weeks per rotation

Lectures:

- Tuesday (8:50 to 9:40 am)
- Thursday (8:00 to 8:50 am)

Practical/ clinical visits:

- Monday Thursday (10:00 am to 3:00 pm)
- Friday (10:00 to 3:00 pm) with 1 pm to 2 pm Jumma break

Self-study:

• 10 hours during the course

<u>Table of specification for Teaching, Learning Objectives</u> <u>and Assessment</u>

At the end of the year students will be able to know:

TOPICS AND OBJEC	TIVES FAC	CULTY	Learning Domain (CPA)	LEARNING STRATEGY			ASSES	SMENT		
	Orthod	lontics			Clinical	Viva	OSPE	NUMS MCQs	NUM S SEQs	Weight age
	TRODUCTION ime Allocation:			S	X	✓	X	03	1	9%
1. Introduction to Orthodontics	the									
overjet bite, de incisor	ontics ated blogy i.e. , open cep bite,		С	Interactive lecture						
Discuss the bra Orthod and the	nches of ontics Multiple From	of. Dr. nammad Qasim Saeed	С	Interactive lecture						
and nee seeking orthodo treatme (IOTN) associa termino	s the aim ed of gontic ent o), ted blogies, ound and	aeed	С	Interactive lecture						
2. Epidemiology										
Elabora describ epidem of male includi inciden prevale	e the hiology occlusion ng the ce and	of. Dr. nammad Qasim Saeed	C	Interactive lecture						

	H AND DEVEI	3	X	✓	X	03	1	9%	
3. Growth and Development									
Definition of important terms i.e. growth, pattern, variability and timing.		С	Interactive lecture						
Discuss the methods of growth measurement and experimental approaches.		С	Interactive lecture						
Describe the genetic influence on growth.		С	Interactive lecture						
Discussion of the theories of growth.	Dr. Asma	С	Interactive lecture						
Discuss and differentiate between growth sites and centers.	Rafi Chaudhry	С	Interactive lecture						
Describe growth assessment parameters, cervical maturation stages, pre- & post-natal growth of cranial vault and cranial base.		С	Interactive lecture						
Describe pre- natal and post- natal growth of maxilla, mandible and		С	Interactive lecture						

prenatal development and describe different dimensional		С	lecture			
Definition of primary, mixed and permanent dentition. Explain the development of teeth and eruption. Discuss the	Prof. Dr. Muhammad Qasim Saeed	С	Interactive lecture Interactive			
4. Development of Dentition						
Discuss the psychological and social impact of abnormal growth and malocclusion.		С	Interactive lecture			
Describe Developmental Abnormalities and Learning and the development of behavior.		С	Interactive lecture			
Describe the changes in face form and profile.		С	Interactive lecture			
TMJ growth and development.		C	Interactive lecture			
Discussion of the pre-natal and post-natal growth of the palate.		С	Interactive lecture			
Discussion of jaw rotations.		C	Interactive lecture			
naso-maxillary						

changes in the dental arch during different dentition periods. • Describe the variation in the development including size, shape, form number and position of teeth and factors effecting the development.		c	Interactive lecture						
Discuss the different Nolla's stages.		CPA	Interactive lecture/Practic al						
	. OCCLUSION location: Lectu			X	✓	✓	06	1	12%
5. Occlusion									
Define normal and abnormal occlusion, introduction and definition of ideal occlusion.	Dr. Asma Rafi	СР	Interactive lecture/Small group discussion						
Discussion of the Andrew's six keys of occlusion, CO- CR shift and canine guided group function.	Chaudhry	СР	Interactive lecture/Small group discussion						
D. DIAGNOSTIO Time Al	C AIDS IN OR' location: Lectu		CS	√	✓	✓	04	1	10%
6. Diagnostic aids in Orthodontics									
Diagnosis of malocclusion: Discuss the procedure of History taking.	Prof. Dr. Muhammad Qasim Saeed/Dr. Nida Asad	СРА	Interactive lecture/Practic al/Case-based discussion						
Extra-oral and Intra-oral	Dar	СРА	Interactive lecture/Practic						

radiographs, intra-oral and facial photographs. • Describe the analysis of study models to		Interactive lecture/Practic al/Case-based			
Describe the Diagnostic techniques: Impression taking and plaster model, radiographs	СРА	Interactive lecture/Practic al/Case-based discussion			
Discussion of communication with patient involving probable prognosis and financial involvement.	СРА	Interactive lecture/case- based discussion			
Discussion of the necessary investigations, maintain diagnostic record, analyze and interpret records, and outline management protocol.	СРА	Interactive lecture/Practic al/Case-based discussion			
examination, examination of teeth, appraisal of soft tissues and functional analysis.		al/Case-based discussion			

anthropological sources and development of cephalometrics, discuss the objectives of cephalometric tracings. • Describe Orthopantomog rams and their importance in Orthodontic		СРА	al/Case-based discussion Interactive lecture/Case-based discussion						
Discuss additional radiographs.		СРА	Interactive lecture/Case- based discussion						
	ALOCCLUSI ion: Lectures:			X	✓	X	06	1	12%
7. Etiology of Malocclusion									
Definition of malocclusion and discuss various terminologies: 1. Malfor mation 2. Defor mity 3. Terato gens.	Dr. Asma	С	Interactive lecture						
Discussion of the etiological factors: Local factors (tooth size and numbe r). Genera l factors	Rafi Chaudhry	C	Interactive lecture						

				 	-		
(respir atory proble ms, adenoi ds, genetic s and speech).							
8. Treatment Modalities							
Discuss the indications and contraindication s Class I malocclusion-Crowding: Diagnosis, planning and treatment of the malocclusion using a range of appliances.		C	Interactive lecture/Small group discussion				
Discussion of the methods of treatment, types of Orthodontic appliances and tooth-jaw discrepancy.	Dr. Asma Rafi	C	Interactive lecture/Small group discussion				
Differentiation between extraction and non-extraction treatment, a criterion and choice of teeth for extraction, contraindication for extraction, and extraction with Orthodontic treatment.	Chaudhry	C	Interactive lecture/Small group discussion				
Class I malocclusion- Spacing: Diagnosis, planning and		C	Interactive lecture/Small group discussion				

		1	1	
	treatment of the malocclusion			
	using a range of			
	appliances.			
				T
•	Discussion of the methods of			Interactive lecture/Small
	treatment, types			group
	of Orthodontic		C	discussion
	appliances and			
	tooth-jaw			
	discrepancy.			
•	Class I			Interactive
	malocclusion-			lecture/Small
	Cross bite:			group
	Diagnosis,		C	discussion
	planning and treatment of the			
	malocclusion			
	using a range of			
	appliances.			
•	Discussion of			Interactive
	the methods of			lecture/Small
	treatment, types			group
	of Orthodontic	Dr. Asma	C	discussion
	appliances and	Rafi		
	tooth-jaw discrepancy.	Chaudhry		
				<u> </u>
•	Differentiation			Interactive
	between extraction and			lecture/Small
	non-extraction			group discussion
	treatment, a			01004001011
	criterion and			
	choice of teeth		C	
	for extraction,			
	contraindication			
	for extraction, and extraction			
	with			
	Orthodontic			
	treatment.			
•	Class I			Interactive
	malocclusion-			lecture/Small
	Open bite:	Dr. Asma		group
	Diagnosis,	Rafi	C	discussion
	planning and	Chaudhry		
	treatment of the malocclusion			
	using a range of			
	using a range of			

_			1	•			 	
	appliances.							
	Discussion of							
	the methods of							
	treatment, types				1			
	of Orthodontic							
	appliances and							
	tooth-jaw							
	discrepancy.							
_	Differentiation			Interactive	-			
•				lecture/Small		ĺ		
	between							
	extraction and			group				
	non-extraction			discussion				
	treatment, a							
	criterion and							
	choice of teeth		~					
	for extraction,		C					
	contraindication							
	for extraction,							
	and extraction							
	with							
	Orthodontic							
	treatment.							
					4			
•	Class I			Interactive				
	malocclusion-			lecture/Small				
	Deep bite:			group				
	Diagnosis,			discussion				
	planning and							
	treatment of the							
	malocclusion							
	using a range of		C					
	appliances.							
	Discussion of							
	the methods of							
	treatment, types	Dr. Asma						
	of Orthodontic	Dr. Asma						
	appliances and	Rafi						
	tooth-jaw	Chaudhry						
	discrepancy.							
	discrepancy.							
•	Differentiation			Interactive	1			
-	between			lecture/Small				
	extraction and			group				
	non-extraction			discussion				
	treatment, a							
	criterion and		\mathbf{C}					
	choice of teeth		_					
	for extraction,							
	contraindication							
	for extraction,							
	and extraction							
	with		1	1	1			l I

Orthodontic treatment. • Class II malocclusion: Diagnosis, planning and treatment of the malocclusion using a range of appliances i.e. Removable, functional and fixed		C	Interactive lecture/Small group discussion			
appliances. • Discussion of the methods of treatment, types of Orthodontic appliances and tooth-jaw discrepancy.	Dr. Asma Rafi Chaudhry	С	Interactive lecture/Small group discussion			
Differentiation between extraction and non-extraction treatment, a criterion and choice of teeth for extraction, contraindication for extraction, and extraction with Orthodontic treatment.		C	Interactive lecture/Small group discussion			
Class III malocclusion: Diagnosis, planning and treatment of the malocclusion using a range of appliances i.e. Removable, functional and fixed appliances.	Dr. Asma Rafi Chaudhry	С	Interactive lecture/Small group discussion			
Discussion of the methods of		C	Interactive lecture/Small			

treatment, types of Orthodontic appliances and tooth-jaw discrepancy. • Differentiation between extraction and non-extraction treatment, a criterion and choice of teeth for extraction, contraindication for extraction, and extraction with Orthodontic treatment.		C	group discussion Interactive lecture/Small group discussion						
F. PROTOCOLS I Time Alloca	DURING MIX tion: Lectures:		ION	X	✓	X	06	1	12%
9. Preventive and Interceptive Orthodontics									
Describe the Protocols for relieving mixed dentition crowding.		С	Interactive lecture						
Discuss: Space regaini ng Space supervi sion Serial extract ion proced ures.	Dr. Haris Khan/Dr. Junaid Dayar	С	Interactive lecture						
Describe the diagnosis and management of Cross bite.		С	Interactive lecture						

 Describe the diagnosis and management of habits. Discuss growth modification, various appliances used in detail. 		C	Interactive lecture Interactive lecture						
Discuss the preventive Orthodontics and methods.		С	Interactive lecture						
Discuss the interceptive Orthodontics and methods.		С	Interactive lecture						
G. ORTHODONTIC A Time Alloca	PPLIANCES A tion: Lectures:		CHANICS	✓	✓	✓	06	1	13%
10. Biomechanics									
Discussion of the concept, advantages and disadvantages and limitations.		С	Interactive lecture						
 Description of the types of movement and types of forces Wires and alloys used in Orthodontics. 	Prof. Dr. Muhammad Qasim Saeed	С	Interactive lecture						
Describe the ideal properties and comparison of different alloys.		С	Interactive lecture						
11. Material instruments and techniques used in Orthodontics									
Discuss different materials, instruments and	Prof. Dr. Muhammad Qasim	СРА	Interactive lecture/Practic al						

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	techniques used	Saeed/Dr.							
	in Orthodontics.	Haris Khan							
	D 1			Interactive					
•	Describe the								
	properties of			lecture/Practic					
	Stainless Steel,		СРА	al					
	Beta-Titanim		CIT						
	and Nickel-								
	Titanium alloys.								
•	Describe the			Interactive					
	principal and			lecture/Practic					
	method of wire		CPA	al					
	bending								
	(exercise)								
	(exercise)								
•	Definition of			Interactive					
	soldering.		C	lecture					
	8.								
•	Introduction,			Interactive					
	composition			lecture					
	and properties								
	of silver solder		C						
	and fluxes,		C						
	soldering and								
	flame.								
•	Describe			Interactive					
•									
	soldering		\mathbf{C}	lecture					
	method and								
	procedure.								
	D. C 11'			Interactive					
•	Define welding.		C						
				lecture					
	Discuss the			Interactive					
•				lecture					
	principles and		C	iccture					
	mechanism of								
	spot welding.								
44.0.11.1									
12. Orthodo									
Applia	nces								
•	Removable			Interactive					
	Appliances:			lecture					
	Definition of		C						
	removable	Prof. Dr.							
	appliances.								
	арриансез.	Muhammad							
•	Discuss the	Qasim		Interactive	1				
-	basic	Saeed/Dr.		lecture					
		Haris Khan	~	loctaro					
	requirements of		C						
	an orthodontic								
	appliance and								
	components of								
			<u> </u>		1		<u> </u>	<u> </u>	<u> </u>

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removable appliances.				
Describe general principles of designing and fabrication of removable appliances.	С	Interactive lecture		
Discuss the different types of appliances for different tooth movements i.e. labiolingual movements, expansion and contraction of arches.	СРА	Interactive lecture/Practic al		
Construction of Hawley, Begg retainer and bite planes	СРА	Interactive lecture/Practic al		
• Selective case presentation and general wire bending exercise with discussion of the design and construction of different springs and clasps.	СРА	Interactive lecture/Practic al		
 Trimming and polishing of removable appliances. 	СРА	Interactive lecture/Practic al		
 Insertion and advice for the patients. 	СРА	Interactive lecture/Practic al		
Explain the follow-up and care during the treatment.	С	Interactive lecture		

		1	•		
Functional Appliances: Describe the orthopaedic force and its principles.	C	Interactive lecture			
Discuss different Myo- functional appliances and describe their indications and contra indications.	С	Interactive lecture			
Descibe the clinical and laboratory steps in construction of Class II and Class II activator (Anderson/monoblock type) and Twin block.	СРА	Interactive lecture/Practic al			
Discuss the adjustment of the appliances after insertion in oral cavity and care during treatment.	СРА	Interactive lecture/Practic al			
• Fixed Appliances: Describe the principles of fixed appliances, identification of parts of fixed appliances and discussion of the fixed appliance system currently used.	C	Interactive lecture			
Discuss the advantages and disadvantages	С	Interactive lecture			

of fixed						Ţ
appliances						
Describe the technique and training of fixed appliances.		С	Interactive lecture			
Discuss the use of multi-loop used in fixed appliances.		СРА	Interactive lecture/Practic al			
• Upper and lower ideal arch formation, offset and inset bends, 1 st , 2 nd and 3 rd order bends, and toein and tip-back bends.		СРА	Interactive lecture/Practic al			
Describe molar band formation and welding of molar tube in the band with ideal position with cementing of the band.		C	Interactive lecture			
Discuss weldable bracket positioning, direct bonding technique of mesh bracket, and adjustment of arch wire and follow up.		С	Interactive lecture			
Describe the stages of treatment progression by fixed appliances.		СРА	Interactive lecture/Practic al			
13. Anchorage						T
Definition of anchorage.	Prof. Dr. Muhammad	С	Interactive lecture			

Discuss different types of anchorage, preparation and assessment of anchorage planning. Describe how to plan anchorage according to needs i.e. mild, moderate and maximum. Methods to enhance anchorage	Qasim Saeed	c	Interactive lecture Interactive lecture Interactive lecture						
value, Extra- oral and intra- oral methods i.e. headgear usage, chin cup, Nance, etc.	ETABOLIC BA	C							
Time Alloca	tion: Lectures:			X	✓	X	04	1	10%
Description of different tissue changes.		С	Interactive lecture						
Learn the difference between physiologic movement and orthodontic movement.	Prof. Dr. Muhammad	С	Interactive lecture						
Describe pathophysiologi cal change of tissue, histopathologic al changes at the pressure and tension area.	Qasim Saeed	С	Interactive lecture						
Describe the	j		Interactive	_	Ì	Ì		1	1

	the treatment procedures at	Saeed	C							
•	Role of Orthodontist in	Muhammad Qasim		Interactive lecture						
•	Describe the etiological factors.	Prof. Dr.	С	Interactive lecture						
15. Cleft Li	p and Palate									
		CIPLINARY OI tion: Lectures:		ΓICS	X	✓	X	04	0-1	4%
	periodontium									
	on									
	orthodontic tooth movement									
	effects of									
	deleterious									
	Discuss									
	eruption and stabilization.									
	of bone in									
	movement, role		C							
	tooth									
	incidence of									
	favorable and unfavorable									
	Describe									
	effects of drugs.									
	therapy and									
	biological basis of Orthodontic			lecture						
•	Explain			Interactive						
	appliances.									
	functional									
	including myo-									
	appliances,									
	types of									
	tissue changes with different									
	forces. Explain									
	and excessive									

	ENTION PROT tion: Lectures:			X	✓	X	03	0-1	9%
Discussion of the types of TMPDS and the treatment modalities. Discussion of the types of TMPDS and the treatment modalities.	Qasim Saeed/Dr. Nida Asad Dar	C	Interactive lecture						
Describe TMJ Dysfunction.	Prof. Dr. Muhammad	С	Interactive lecture						
Pre-restorative Orthodontic procedures and preventive periodontics.		С	Interactive lecture						
Describe various adjunctive and types of surgical procedures.	Haris Khan	С	Interactive lecture						
Describe Adult Orthodontics, appliance and technique for Adult Orthodontics and Multidisciplinary treatment procedures.	Prof. Dr. Muhammad Qasim Saeed/Dr.	С	Interactive lecture						
Discussion of adjunctive treatment goals and principles.		С	Interactive lecture						
17. Adjunctive and Multi- disciplinary Orthodontics									
Describe presurgical and post-surgical Oral-Orthopedic and Orthodontic procedure.		С	Interactive lecture						
stages of Orthognathic	Junaid Dayar								

18. Retention and Relapse						
• Define retention and relapse.		С	Interactive lecture			
Discuss different causes and factors of relapse.		С	Interactive lecture			
Discuss the role of various types of retainer's role in periodontal tissues and allied causes of relapse.		С	Interactive lecture			
 Describe the concept of retention and relapse. 		С	Interactive lecture			
Discuss occlusal stability and its management.	Dr. Haris Khan	С	Interactive lecture			
Discuss the evaluation of relapse after orthodontic treatment.		С	Interactive lecture			
Describe different means of retention after correction of different types of malocclusions.		С	Interactive lecture			
Discuss the theorems of retention and relapse.		С	Interactive lecture			
K. Time Allocat	Oral Radiolog	y 5.6 hours				
Description of the roentgen anatomy of teeth, jaws and	Prof. Dr. Muhammad Qasim Saeed/Dr. Junaid Dayar	С	Interactive lecture			

temporomandib ular joint.						
 Variations within the normal limits and abnormalities. 		C	Interactive lecture			
 Discussion of the different types of X-ray machines. 		C	Interactive lecture/Small group discussion			
 Variations of X- ray films i.e. extra-oral, intra- oral, bite wing and occlusal. 		СРА	Interactive lecture/Small group discussion			
 Indications and uses of dental radiography. 		С	Interactive lecture			
 Interpretation of radiographic films. 		СРА	Interactive lecture/Small group discussion			
 Discussion of the radiation hazards. 		С	Interactive lecture			
	i	I	1	1		I

ORTHODONTICS PRACTICAL AND CLINICAL COMPONENT

Sr. No	Objectives	Faculty	Time Allocation	
1	History and Clinical Examination:	Dr. Nida Asad Dar	23 hours	
2	Study model analysis:	Dr. Nida Asad Dar	23 hours	
3	 Wire Bending Exercise: Construction of Adam's Crib Construction of Labial-Bow Construction of Palatal Finger Spring Construction of "Z" Spring Construction of Buccal Canine Retractor 	Dr. Junaid Dayar	46 hours	
4	Construction of Hawley's Retainer	Dr. Junaid Dayar	23 hours	
5	 Cephalometric analysis: Sagittal Analysis: SNA, <snb,< li=""> ANB, AO-BO Distance, Anterior Cranial Base Length Mandibular Corpus Length. </snb,<> Vertical Analysis: SN Mandibular Plane, <mma, <y<="" li=""> axis, Sum of Posterior Angles & Posterior Face </mma,> 	Dr. Junaid Dayar	46 hours	

	Height: Anterior	
	Face Height.	
	• Dental Analysis:	
	<ui-sn, <ui-pp,<="" td=""><td></td></ui-sn,>	
	<impa, &<="" <="" iia="" td=""><td></td></impa,>	
	Hold away Ratio.	
	• Soft Tissue Analysis:	
	Distance of Upper	
	Lip to E Line and S	
	Line, Distance of	
	Lower Lip to E Line	
	and S Line &	
	<nasolabial< td=""><td></td></nasolabial<>	
6	Observation of Fixed	23 hours
	Appliances Cases	23 Hours

Small Group Discussions

Batch D

Duration: 1st March, 2021 to 18th April, 2021 & 18th October, 2021 to 31st October, 2021.

Time: 10:00 to 11:00 am

Sr. No	Торіс	Facilitator		
1	History and Clinical Examination	Prof. Dr. Muhammad Qasim Saeed/Dr. Nida Asad Dar		
2	Impressions and Bite registration	Prof. Dr. Muhammad Qasim Saeed/Dr. Nida Asad Dar		
3	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
4	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
5	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
6	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
8	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
7	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
9	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
10	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
11	-			
12	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
13	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
14	Cephalometric Analysis Dr. Asma Rafi Chaudhry/Dr. Jun			

Batch C

Duration: 24th May, 2021 to 27th June, 2021.

Time: 10:00 to 11:00 am

Sr. No	Торіс	Facilitator		
1	History and Clinical Examination	Prof. Dr. Muhammad Qasim Saeed/Dr. Nida Asad Dar		
2	Impressions and Bite registration	Prof. Dr. Muhammad Qasim Saeed/Dr. Nida Asad Dar		
3	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
4	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
5	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
6	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
8	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
7	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
9	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
10	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
11	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
12	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
13	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
14	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		

Batch B

Duration: 28th June, 2021 to 18th July, 2021 & 26th July, 2021 to 8th August, 2021.

Time: 10:00 to 11:00 am

Sr. No	Topic	Facilitator		
1	History and Clinical Examination	Prof. Dr. Muhammad Qasim Saeed/Dr. Nida Asad Dar		
2	Impressions and Bite registration	Prof. Dr. Muhammad Qasim Saeed/Dr. Nida Asad Dar		
3	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
4	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
5	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
6	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
8	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
7	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
9	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
10	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
11	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
12	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
13	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
14	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		

Batch A

Duration: 9th August, 2021 to 12th September, 2021.

Time: 10:00 to 11:00 am

Sr. No	Торіс	Prof. Dr. Muhammad Qasim Saeed/Dr. Nida Asad Dar		
1	History and Clinical Examination			
2	Impressions and Bite registration	Prof. Dr. Muhammad Qasim Saeed/Dr. Nida Asad Dar		
3	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Dar		
4	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
5	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
6	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
8	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
7	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
9	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
10	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
11	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
12	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
13	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
14	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		

Batch E

Duration: 13th September, 2021 to 17th October, 2021.

Time: 10:00 to 11:00 am

Sr. No	Торіс	Facilitator		
1	History and Clinical Examination	Prof. Dr. Muhammad Qasim Saeed/Dr. Nida Asad Dar		
2	Impressions and Bite registration	Prof. Dr. Muhammad Qasim Saeed/Dr. Nida Asad Dar		
3	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
4	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
5	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
6	Study model analysis	Dr. Asma Rafi Chaudhry/Dr. Nida Asad Dar		
8	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
7	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
9	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
10	Wire bending	Dr. Haris Khan/Dr. Junaid Dayar		
11	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
12	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
13	Cephalometric Analysis	Dr. Asma Rafi Chaudhry/Dr. Junaid Dayar		
14	14 Cephalometric Analysis Dr. Asma Rafi Chaudhry/Dr. Ju			

Learning resources

Topics	Resources			
Introduction to the Orthodontics	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6 th Edition			
Epidemiology	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6 th Edition			
Growth and Development	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6 th Edition			
Development of Dentition	 Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition Handbook of Orthodontics. Cobourne MT, DiBiase AT .2nd Edition 			
Occlusion	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition			
Diagnostic aids in Orthodontics	 Contemporary Orthodontics. Proffit WR, Fields Jr HW, arver DM. 6th Edition Introduction to radiographic cephalometry. Jacobson A, Caufield PW 			
Etiology of Malocclusion	 Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition An introduction to Orthodontics. SJ Littlewood, L Mitchell 			
Treatment Modalities	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition			
Preventive and Interceptive Orthodontics	 Contemporary Orthodontics. Proffit WR, Fields JrHW, Sarver DM. 6th Edition Handbook of Orthodontics. Cobourne MT, DiBiase AT .2nd Edition 			
Biomechanics	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition			
Material instruments and techniques used in Orthodontics	 Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition Handbook of Orthodontics. Cobourne MT, DiBiase AT .2nd Edition 			
Orthodontic Appliances	 Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition Handbook of Orthodontics. Cobourne MT, DiBiase AT .2nd Edition 			
Anchorage	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarve DM. 6th Edition			

Bone Metabolism	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition		
Cleft Lip and Palate	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition		
Orthognathic Surgery	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition		
Adjunctive and Multi-disciplinary Orthodontics	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition		
Retention and Relapse	Contemporary Orthodontics. Proffit WR, Fields Jr HW, Sarver DM. 6th Edition		
Dental Radiology	Essentials of dental radiography and radiology. Whaites E, Drage N. 3 rd Edition		

OTHER LEARNING RESOURCES

Hands- on Activities / Practical	Students will be involved in Practical sessions and hands-on activities that link with the module to enhance the learning.
Labs	Utilize the lab provides the simulated learning to the specimens and models available.
Skills Lab	A skills lab provides the simulated learning experience to learn the basic skills and procedures.
<u>Videos</u>	Video familiarize the student with the procedures and protocols to assist patients.
Computer Lab/CSs/DVDs/Internet	To increase the knowledge, students should utilize the available internet resources and CDs/ DVDs. This will be an additional advantage to increase learning.
Resources	
Self-Learning	Self-Learning is scheduled to search for information to solve cases, read through different resources and discuss among the peers and with the faculty to clarify the concepts.

Summative assessment methods and policies

Internal Assessment

- a. Weightage of internal assessment shall be 10 %, each for theory and practical, in BDS Professional Examination.
- b. The Internal Assessment shall comprise of monthly test/PBL/assignments/Clinical tests/Clinical vivas, etc.
- c. The Internal Assessment record shall be kept in the respective department of the College/Institute and after approval of Principal, a summary as per University registration number shall be furnished to the Controller of Examinations, at least two weeks before the commencement of final examination.
- d. The result of all the class tests/tools which contribute towards IA will be displayed to the students during an academic year.
- e. The same internal assessment shall be counted both for annual and supplementary examinations. The students who are relegated, however, can improve the internal assessment during subsequent year
- f. Internal assessment tools of any subject may be changed after the approval of respective FBS.

Annual Examination

- a. The weightage of Annual Examination shall be 90%, each for theory and practical, in BDS.
- b. The examination comprises of a theory paper and practical/clinical examinations as per PM&DC regulations and the Table of Specifications (TOS) of the University.
- c. The gap between two consecutive theory papers shall not be more than two days.
- d. The Theory Paper shall be of 3-hours duration, held under the arrangements of the university. It shall have two parts; MCQs (30%) and SAQs/SEQs (70 %) for the year 2019. It may be changed after the approval of Academic Council.
- e. Allocated time for MCQs for 2021 shall be as under:

25 MCQs - 30 Minutes 30 MCQs - 40 Minutes 40 MCQs - 50 Minutes 45 MCQs - 60 Minutes

f. Each MCQs shall have four distractors

Internal Examiner

He/she shall be Professor and Head of Department who has been involved in teaching of the class being examined. Second preference shall be Associate/Assistant Professor who is involved in teaching of the class and posted there for one year. Third preference shall be a recognized Professor of the subject.

External Examiner

He/she shall be a Professor/Associate Professor of a recognized Medical/Dental College or at least an Assistant Professor with three years teaching experience in the relevant subject.

Conflict of Interest

No person shall serve as an examiner whose close relative (wife, husband, son, daughter, adopted son, adopted daughter, grand-son, grand-daughter, brother, sister, niece/nephew, son and daughter-in-law

brother and sister- in-law, parental and maternal uncle and aunt etc) is appearing in the examination. All examiners likely to serve as an examiner shall render a certificate in compliance to this para.

Paper Setting

- a. Each College / Institute shall forward a set of two question papers as per TOS along with the key for each subject to the Controller of Examinations, at least three months in advance of the annual examination. The question paper as a whole / a question without a comprehensive key shall not be considered towards final paper setting.
- b. The set of question papers shall be prepared by the respective Head of Department (HoD) and furnished to Controller of Examinations through Head of Institution (HoI)
- c. The Controller of Examinations shall approve the faculty for the final paper setting having fair representation of each college / institute.

Paper Assessment

- a. The Controller of Examinations shall approve the faculty for the theory paper marking, to be undertaken in the manner as deemed appropriate.
- b. The Examination Directorate shall coordinate directly with the faculty, earmarked for the paper marking
- c. A student who scores 85% and above marks in any subject shall qualify for distinction in that particular subject.
- d. A fraction in aggregate marks of a subject shall be rounded off to whole number. If it is less than 0.5 then it will be rounded off to the previous whole number while 0.5 or more will be rounded off to the next whole number.

Practical / Clinical Examinations

- a. The Controller of Examiners shall approve the faculty to serve as the internal & external examiners.
- b. The number of external and internal examiners shall be equal.
- c. One external & internal examiner each shall be marked for a group of 100 students.
- d. Candidates may be divided into groups in the clinical and practical examinations and be standardized by incorporating clinical exam
- e. Practical/clinical examination shall be held after the theory examination of the subject but in special cases, it may be held before the theory examination with the approval of the Controller of Examinations. For the purpose of practical/clinical examination, the candidates may be divided into sub groups by the examiners.
- f. The assessment of the practical / clinical examination duly signed by internal & external examiner shall be furnished to the Controller of Examinations within one week of the conclusion of examination.

Pass Marks

- a. Pass marks for all subjects less Islamic / Pakistan Studies, shall be 50 % in theory and practical, separately.
- b. Pass marks for Islamic / Pakistan Studies shall be 33 % which, however shall not be counted towards final scoring of the professional examination.
- c. No grace marks shall be allowed to any student in any examination.

Declaration of Result

Every effort shall be made to declare the result of each examination within one month of the last practical examination or earlier.

Promotion.

No student shall be promoted to the higher classes unless he/she passes all the subjects of the previous class

Re-Totaling.

Any student may apply to the Controller of Examinations on a prescribed form along with the specified fee.

Supplementary Examination.

The interval between a supplementary examination and the previous professional examination shall not be more than two months. There shall be no special supplementary examination.

<u>Table of specification for Annual Professional Exam:</u> <u>Theory</u>

Sr. No	Торіс	No of MCQs (30) (01 marks each)	No. of SEQs (09)
1	Introduction to the Orthodontics	03	1
2	Growth and Development	03	1
3	Occlusion	06	1
4	Diagnostic aids in Orthodontics	04	1
5	Malocclusion	06	1
6	Protocols during mixed dentition	06	1
7	Orthodontic appliances and biomechanics	06	1
8	Metabolic Basis	04	1
9	Multi-disciplinary Orthodontics	04	1
10	Retention Protocol	03	1
	Total	45 (45 marks)	09 (45 marks)
	Grand Total	90 Marks	

<u>Levels</u> <u>MCOs</u>

Recall 18

Application 27

Table of specifications for Annual Professional Exam: Practical

VIVA 90 marks		Practical / Clinical 90 marks			Total	
Examiner 1	Examiner 2	Cast Analysis	Ceph and OPG Analysis	Wire bending	OSCE	
45 Marks	45 Marks	15	30	15	30	180 Marks

Internal Assessment Calculation (Theory)

A	В	С	D	E	F	G	Н
		1st Mid	1 st term	2 nd Mid term			Total Marks of internal
		term	1 term			Exam	assessment out of 10
Roll No.	Name						(C+D+E+F+G)
							$\div 360 \times 10$
		45 marks	90 marks	45 marks	90 marks	90 marks	10 marks

Internal assessment calculation (Practical)

A	В	С	D	E	F	G
Roll No.	Name	Cast analysis	Ceph Tracing	End of rotation	Pre-annual	Total Marks of internal
		ALD		score	(Practical)	assessment out of 10
		Mixed				
		Dentiton				
		Wire				$(C+D+E+F) \div 400 \times 10$
		bending				
		80 marks	80 marks	60 marks		20 Marks

Sample MCOs and SEOs

Multiple Choice Question (MCQs)

- A multiple choice question (MCQ) consist of a stem that states the question or problem followed by a set of possible answers that contain an option that is best answer to the question.
- After reading the questions students should select the appropriate option from the given possible answers.
- The correct answer carries one mark and incorrect carries zero. There is no negative marking.

Sample MCO

A malformation in the transverse plane is most likely to express itself as a:

- a) Downward and backward rotation of mandible
- b) Cross bite
- c) Forward rotation of the mandible
- d) Open bite

Key: b

Short essay question (SEQs)

 Short essay questions require students to present written answers that are used to asses basic knowledge of key facts and provide students with an opportunity to demonstrate reasoning and explain their understanding of the subject.

Sample SEO

- a) Define growth site and growth center. Give examples of each.
- b) What type of ossification occurs in the cranial base? Describe the growth of the cranial base.

Kev:

a) Growth site:

Growth site is the location where the growth occurs, e.g. sutures, condyle.

Growth center:

Growth center is the location where independent (genetically controlled) growth occurs, e.g. synchondroses.

- **b)** Endochondral ossification.
 - 1. Centers of ossification appear early in the embryonic life in the chondrocranium.
 - 2. As ossification proceeds bands of cartilage called synchondroses remain between centers of ossification.
 - 3. The synchondrosis has an area of cellular hyperplasia in the center with bands of maturing cartilage extending in both directions, which will eventually be replaced by bone.