

# Core Values

Merit

Integrity

Team Work

Behaviour

Dedication

Innovation

Service

Research



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# Message

## PRINCIPAL / CHIEF EXECUTIVE

Maj. Gen. Prof. Dr. Abdul Khaliq Naveed, (R)

HI (M)



Dear prospective students,

I am delighted to welcome you to join the 14<sup>th</sup> Batch of MBBS and the 12<sup>th</sup> Batch of BDS in our prestigious organization “CMH Lahore Medical College & Institute of Dentistry”

We expect that our students grow into articulate, probing, caring and courteous doctors who are able to express their views cogently and to listen well to others, which reflect not only their professionally sound knowledge but moral & ethical values.

The atmosphere in our institute is a very congenial for learning which includes highly competent faculty and well trained staff in addition to extremely comfortable physical environment which includes lecture halls, Auditorium, Library, Cafeteria, Hostel, Mosque and a highly advanced quaternary care providing Teaching Hospital within same highly secured Campus. Let me share with you with pride that our college is considered among best emerging Institute in the region by leading World Authorities and it is selected as Role Model College of PMDC for visits of dignitaries from abroad and also secured highest marks among Public and Private Medical College i.e. 97.516%

I am sure with keenness to learn and following the rules and regulations of the Institute, you can bring laurels to this institution as the previous batches who left excellent footmarks both Nationally & Internationally.

I congratulate you for selecting our esteemed institution.

May Allah guide you and help you in this endeavor. Aameen.

Pakistan Zindabad



# Message

## VICE PRINCIPAL / DEPUTY CHIEF EXECUTIVE

BRIGADIER DR. HAROON RASHID, (R) SI (M)



We started our journey since 6<sup>th</sup> March, 2007. From that time onwards we never looked back and have seen remarkable progress and advancement in all facets of this institution. We initiated from few renovated military barracks to fully equipped modern laboratories, latest training aides, excellent library, one of the best auditoriums in the city, the state of the art animal research lab, helping & caring staff and highly competent faculty for the students to acquire the latest information about medical profession .

In summary, the establishment and progress of this institution matches the best institutions within the country and abroad. In all these institutions our graduates are working in one position or the other and proving their worth and acumen portraying the excellence of their alma mater. The administration has worked along with the teachers to bring this institution to front ranks of the medical world. It is a matter of pleasure that the 14<sup>th</sup> batch of MBBS and 12<sup>th</sup> batch of BDS will join us soon to enable us to carry forward the mission of spreading value based knowledge.

I express my deep sentiments of gratitude for the constant support of all the parents and students of the college towards achieving excellence and a better future.

# Message

**DEAN SHaPE**

PROF JUNAID SARFRAZ KHAN



Dr. Junaid Sarfraz Khan is the Dean, School of health Professionals' Education and Postgraduate Studies at CMH Lahore Medical College & Institute of Dentistry. Dr. Khan holds double PhD in Medical Education and is a Breast Cancer & Reconstructive Surgeon trained at the Royal Free, The St. Bartholomew's and the Royal Landon Hospitals amongst others abroad and in Punjab Pakistan. Prof. Khan also holds the post of Director, Office of Research, Innovations and Collaborations at the College. Formerly Dr. Junaid Sarfraz Khan served as the Pro-Vice Chancellor at the University of Health Sciences since 2013 and the Acting Vice Chancellor of University of Health Sciences in 2017. With over 50 publications in peer-reviewed journals in the area of Medical Education, Dr. Khan is one of the leading medical educationists in the country, regularly contributing to both national and international seminars, conferences and symposia. Dr. Khan has trained many medical educationists in the country and abroad and is actively involved in faculty development programs of various universities. He is an adjunct Professor at Khyber Medical University. His area of interest in medical education lies in medical professionalism, curriculum development and assessment and evaluation.

Dr. Khan at CMH LMC & IOD is introducing the Masters and PhD programs in medical education, bioethics, health economics and management, providing support to faculty development programs and both under graduate and post graduate clinical and basic sciences programs. He aims to link technology with education and promote research in the region, through capacity building and establishing research groups.





# Message

## DEAN

PROF. DR. MUHAMMAD QASIM SAEED



Dear Prospective Students,

The Institute of Dentistry is celebrating its 10<sup>th</sup> anniversary in 2018 to mark a major milestone in our history, and I am excited about what the next decade holds, we at Institute of Dentistry have commitment to excellence exhibited by our faculty, students, and staff. I believe that together, we can make a positive impact on the oral health profession and community at large.

We focus in developing exceptional, dentists, specialists, and researchers. We are mindful that academic excellence must be matched by compassion, integrity and professionalism and that our future depends on producing not only future clinicians, but also leaders, academicians and researchers.

The Institute of Dentistry is a vibrant and close knit family. In a humanistic and respectful way, we focus intensely on the success of our students and health of the patients we serve. Our community celebrates its core values of humanism, innovation, leadership, reflection, stewardship, collaboration and philanthropy.

We appreciate your interest and invite you to learn more about our programs and people, state of the art campus, strong alumni network and other aspects of our institute. We look forward to hear from you.

May Almighty Allah Bless you all in your dreams with noble and honest endeavors ..... Aamin



# About the Institute of Dentistry

Institute of Dentistry was established in 2008. It is an integral part of CMH Lahore Medical College, Lahore. It is situated in the serene location of Lahore Cantonment. It covers a total land of 12 acres. It has a purpose built magnanimous campus that depicts utmost professionalism. It is a complete blend of intellectual architecture, accessibility and comfort.

Institute of Dentistry, CMH Lahore Medical College was approved by the Government of Pakistan, Ministry of Health vide its notification No:F-3-46 / 2008- MER dated 4th March 2009 on the recommendation of Pakistan Medical and Dental Council. University of Health Sciences under section 13(2) of UHS Ordinance 2002, granted affiliation to this institute vide letter No: UHS / REG-09 / 246 dated 12th Feb. 2009. Prime Minister Islamic Republic of Pakistan inaugurated the present campus of the College on 16th Jan 2010. With the induction of 8th batch of BDS in 2015, Institute of Dentistry has been affiliated with NUMS (National University of Medical Sciences).

In Sept. 2017 another feature was added into the cap of Institute of Dentistry, CMH Lahore Medical College by inauguration of Maxillofacial Centre which is a state of the art 24 bed indoor facility with two operation theaters.

## Academic Standing of the Institute

Institute of Dentistry, CMH Lahore Medical College since its inception is endeavoring to be the leading Medical Education Institute not only in the province but the entire Country. UHS / NUMS examination results reflect the standing of the Institute.

### ACADEMIC ACHIEVEMENTS BDS 2009-19

Pass Percentage										
All Classes BDS	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
1st Year BDS	99%	96%	94%	96%	98%	99%	98%	98%	91%	98%
2nd Year BDS	-	96%	98%	98%	83.67%	95%	96%	93%	95%	98%
3rd Year BDS	-	-	98%	100%	100%	99%	100%	99%	87%	99%
4th Year BDS				99%	98%	98%	99%	96%	75%	97%

Distinctions						
All Classes BDS	2009	2010	2015	2016	2017	2018
1st Year BDS	0.6	11	-	13	22	0.1
2nd Year BDS	-	22	62	21	12	-
3rd Year BDS	-	-	68	13	19	-
4th Year BDS						



# Affiliation

On 16th January 2010, Prime Minister of Pakistan inaugurated the new building of college. Government of Pakistan, Ministry of Health vide its notification number F-3-46/2008-MER dated 4th March 2009, approved the Institute of Dentistry, CMH Lahore Medical College to impart training of BDS students under the banner of University of Health Sciences. WHO has recognized the institute in its World Directory of Medical Schools (WDMS) vide letter no. WR.PAK. 02/20/161 G9.3/08 dated 20th February 2008. It is also included in the list of Foundation for Advancement of International Medical Education and Research "FAIMER". With the induction of 8th batch of BDS in 2015, Institute of Dentistry has been affiliated with National University of Medical Sciences (NUMS).

## NUMS Curriculum of BDS Course

Following courses will be covered in each respective year of the four year BDS course programme.

Year	Subjects
1 <sup>st</sup> year	Anatomy Biochemistry Oral Biology Physiology Islamiyat /Ethics and Pakistan Studies
2 <sup>nd</sup> year	Behavioral Sciences Community and Preventive Dentistry General Pathology Pharmacology Science of Dental Materials Pre Clinical Destistry
3 <sup>rd</sup> year	General Surgery Oral Pathology Oral Medicine Medicine Periodontology
4 <sup>th</sup> year	Operative Dentistry Oral & Maxillofacial Surgery Orthodontics Prosthodontics



# Future Prospects of Dentists in Pakistan and Abroad

One year house job training is considered mandatory for the BDS graduates to improve the diagnostic and clinical skills. This residency is a pre-requisite for acquisition of permanent registration with Pakistan Medical and Dental Council. PMDC has implemented a concluding exam and mandatory clinical quota after the completion of house job. It will be supervised by the house job offering body. After PMDC registration, a graduate has the legal permission to establish an independent practice within the country.

BDS graduates can pursue their post-graduation in basic and clinical sciences. Various universities in Pakistan offer M. Phil and MDS programmes. College of Physician and Surgeons Pakistan offer Membership and Fellowship programmes in clinical sciences for aspiring graduates.

On international forum, a BDS graduate of Pakistan is eligible to take licensing exams in UK, Europe and majority of western countries. In USA, these graduates take national boards examination for their admission into the condensed DDS programmes.





# Library

The college library provides access to multi disciplinary informatics in print and digital formats. Library is being continuously upgraded to provide valuable learning and research tools. It regularly subscribes to a number of national and international journals and magazines. Its premises create ambience of an intellectual sanctuary wherein the students can concentrate on their studies. The library also fulfils the teaching and research needs of college faculty.



## Student Categories

### Local Student

The term Local means: -

- ▶ Any person having Pakistani Nationality.

### Foreign Student

The term Foreign means:-

- ▶ Foreign National and / or Pakistani having dual nationality / foreign resident status.
- or
- ▶ Children of expatriates who have passed local or foreign examination equivalent to intermediate level of Pakistan from a Foreign University or Foreign Education System holding valid NICOP.

*Note: Pakistani students having certificates from foreign education system (i.e. O Levels, A Levels etc) in Pakistan shall not be eligible for foreign quota seats.*

## Eligibility Criteria (Local & Foreign Student)

F.Sc. / qualification equivalent to F.Sc. from a foreign university or foreign education system with three science subjects out of which Biology and Chemistry are essential subjects with a minimum of 70% marks in aggregate (without marks of NCC or Hifz-e-Quran). The third subject can either be Physics or Mathematics. The equivalence of IBCC will be required for foreign certifications.

There is no minimum or maximum age limit for admission in MBBS/BDS Course. Due to the peculiar nature and demand of the profession a candidate should possess adequate mental and physical health.

If the medium of instruction two years prior to application for admission/entry test is not English the candidate will be required to present a valid TOEFL or IELTS with a minimum score of 500 or 5.5 respectively.

- **NUMS Entry Test** The affiliated university for **Admission Session 2019-20** will be **National University of Medical Sciences (NUMS)** Rawalpindi. NUMS entry test will be conducted by NTS. NUMS Entry Test will be held on **06 Oct 2019** for admission in CMH Lahore Medical College and Institute of Dentistry as a local candidate. Entry Tests other than NUMS are also acceptable for admission.
- **SAT-II Exam** Valid SAT-II Exam scores can be utilized for merit calculation for foreign seats. **SAT-II examination** is acceptable with minimum 550 marks in each of the three subjects of which two have to be Biology and Chemistry, the third subject can be either Physics or Mathematics.
- **The validity of NUMS entry test is 1x year, hence the NUMS entry test undertaken only during the admission year is acceptable. However, the SAT-II score are valid for 2 x years. Admission will be strictly on merit.**
- **Ineligibility** A student, who has availed four chances to clear the first and second professional MBBS / first Professional BDS exam and has been expelled on that account, shall **NOT** be eligible for continuation of medical / dental studies and shall **NOT** be eligible for fresh admission. Any student having incomplete results / academic documents on the closing date for admission application will not be considered for admission.

**The complete admission process shall be taken care by National University of Medical Sciences (NUMS).**

## Confirmation of Admission

Admission of the selected students will be confirmed only after they have deposited the college admission, tuition and other fees as prescribed within specific days of announcement of the result by college. If a seat is not confirmed by due date, it will be offered to the next candidate on the merit list. Once a student is admitted in the college, his Matric, F.Sc, and other certificates will be verified from respective board by NUMS. If the documents are found incorrect, the admission will be cancelled and the fees/ dues will not be refunded. In case of students with same merit position, preference will be given to the student who will be older in age.

# Admission / Selection Process

Qualification / Test		Weightage
F.Sc. / equivalent	=	50%
NUMS / Other Provincial Entry Test	=	50%
OR		
SAT-II for Foreign Students		





## Qualification Equivalent to F.Sc.

American High School Diploma and A level students should submit Equivalence Certificate of IBCC (Inter Board Committee of Chairmen) at the time of submission of the application form. **No Equivalence Certificate will be accepted after the last date of submission of applications.** A provisional certificate by IBCC is also acceptable for initial submission of application form. Certificates can be obtained from the following offices:-

### Islamabad

Inter Board Committee of Chairmen, Polt No. 25, Street 38, G-10/4 near Fedral Govt. Employees Housing Foundation, Islamabad Tel: 0092-51-9330251-4, web: [www.ibcc.edu.pk](http://www.ibcc.edu.pk)

### Lahore

Inter Board Committee of Chairmen, Regional Office  
at Board of Intermediate & Secondary Education,  
86 Mozang Road, Lahore. Tel: 0092-42-99203893  
Fax:0092-42-99203893.

### Karachi

Inter Board Committee of Chairmen, Regional Office  
at Board of Intermediate & Secondary Education, Bekhtiari Youth Center, North Nazimabad, Karachi.  
Tel: 0092-21-36639878, Fax:0092-21-36639878.

### Peshawar

Mall Road, Peshawar Cantonment, Peshawar, Khyber Pakhtunkhwa  
Tel: 0091-9214154

### Quetta

Cantonment, Quetta, Balochistan  
Phone: 0313-8334481



# Guidelines for Applicants

## General

- There are separate prospectuses for MBBS and BDS courses.
- The price of Prospectus for both local and Foreign Students is Rs. 3,000/-.
- The payment of prospectus fee will be included in annual college dues.

Collection of Prospectus	Mode of Payment	Price / Fee*	
		Local Student Prospectus	Foreign Student Prospectus
Location  <b>Admission Office,</b> <i>CMH Lahore Medical College, Shami Road, Lahore Cantt.</i>	Cash Only	Rs. 3,000	Rs. 3,000

\* Price of Prospectus / Admission Process Fee.







## Documents Required to be Submitted at the Admission Office

- 1 x passport size color photograph (latest).
- All documents mentioned below.

## Documents Required to be Submitted at Admission Office

Attested 5 x sets of following Documents are required on 1st day of Admission.

- Photocopy of Matriculation or equivalent qualification with IBCC Equivalence certificate.
- Photocopy of F.Sc. or equivalent qualification with IBCC Equivalence certificate.
- Photocopy of latest NUMS entry test result.
- Photocopy of SAT-II result (if applicable).
- Photocopy of own CNIC — for local students.
- Photocopy of Father's CNIC — for local students.
- Photocopy of own CNIC / Passport (whichever is applicable) — for foreign students.
- Photocopy of Father's CNIC / Passport (whichever is applicable) — for foreign students.
- Domicile — for local students (and foreign student — if available)
- Undertaking form (duly signed by the candidate and parent/guardian).
- Medical fitness certificate from PM & DC authorized medical practitioner along with his / her PM & DC no.
- Hepatitis – B vaccination certificate to be rendered by the parents along with attested copy of vaccination card.

*Note: Undertaking form is attached at the end of college prospectus or can be downloaded from the college website: [www.cmhlahore.edu.pk](http://www.cmhlahore.edu.pk), or obtained from college admission office.*

### **On the day of fee deposit – only for foreign student's parents/guardians, who want to claim an exemption of 5% advance income tax in fee structure**

- Copy of passport of parent / guardian, as evidence to the educational institution that during previous tax year, his / her stay in Pakistan was less than one hundred eighty three days.
- A certificate that he / she has no Pakistani source of income.
- *The fee is remitted directly from abroad through normal banking channel to the bank account of the College.*

## CMH Lahore Medical College and Institute of Dentistry Fee Structure for BDS

For Academic Session 2019-20

Academic Session	Local Students		Foreign Students
	P 1 2019 PKR		P 1 2019
<b>Annual Tuition Fee and Allied Charges</b>			
Admission Fee	50,000	PKR	50,000
Tuition Fee and Allied Charges	950,000	USD	18,000
Prospectus Fee	3,000		3,000
Govt. Taxes	50,150		-
	<b>1,053,150</b>	USD	<b>18,000</b>
<b>Annual Hostel Charges</b>		PKR	<b>53,000</b>
Security Deposit (Refundable)	20,000	PKR	20,000
Room Rent	108,000		-
Laundry Charges	9,600		9,600
Mess Dues	98,550		98,550
Govt. Taxes	10,808		-
	<b>246,958</b>		<b>128,150</b>
<b>Annual Tuition Fee with Hostel Charges</b>	<b>1,300,108</b>	USD	<b>18,000</b>
		PKR	<b>181,150</b>

Students admitted on local seats can make payment through banker's cheque only titled "CMH Lahore Medical College".

Students admitted on foreign seats are required to remit the fee from abroad as per following details:

Account Title: CMH Lahore Medical College  
Account No: 130001452-7  
Bank Name: Askari Bank Limited. Tufail Road Branch. Lahore Cantt, Pakistan  
Swift Code: ASCMPKKA  
Branch Code: 11  
IBAN: PK83ASCM 0000 111 3000 14527

**Students are also required to submit the following documents:**

1. Wealth statement of either parent/guardian equivalent to tuition fee of the complete course.
2. Income tax return of either parent/guardian.
3. Insurance certificate to ensure the payment of fee for the remaining duration of the course.



## NOTES

1. Fee is payable at the time of admission.
2. Local students can pay the fee through pay order in the name of CMH Lahore Medical College and Institute of Dentistry.
3. Foreign students need to pay the fee mentioned in USD through banking channel as remittance from abroad.
4. Foreign students need to pay the amount mentioned in PKR here in college through pay order as per the account title mentioned above.
5. Above mentioned fee and charges are applicable to first year only.
6. The College administration does not take the responsibility of sending the reminders to Parents/Guardians for the payment of fee.
7. Detained students will be charged as per PM & DC regulations.
8. Fee refund for new admissions will be as per PM & DC regulations.
9. If foreign students do not comply with the specified tax exemption conditions then College will collect the advance tax as per prevailing rates.
10. Hostel accommodation is subject to availability.
11. Use of hostel accommodation is subject to college rules and regulations.
12. Use of Air Conditioner in hostel will be charged separately.
13. Use of mess and laundry is mandatory for hostilities.
14. If fee is revised by PM&DC at any time the College will charge the fee accordingly.
15. In case of any further query, please contact accounts dept at 0092-42-36605550-1 - Ext. 261.

## Refund Policy

College follows the policy which is given by the National University of Medical Sciences (NUMS) / PM&DC for refund of admission and tuition dues to the students, and is subject to change as per the directions of National University of Medical Sciences and PM&DC.

## Hostel Policy

### Refundable Hostel Security

All hostilities are required to deposit refundable hostel security deposit amounting to Rs. 20,000/- (Twenty thousand only) before joining the hostel. The security will be refunded after clearance.

### Room Rent Charges

- Hostel room rent charges amounting to Rs. 108,000/- (Rs. 9,000 p/m) will be collected in advance annually along with college tuition fee.
- In case of hostel joining during the academic year, full dues will be charged, which will be adjusted on monthly basis.
- Hostel room rent of final year hostilities (passing out batch) will be charged on fortnightly basis at the time of college final clearance.





### **Air Conditioning Charges**

- AC dues will be charged on monthly basis  
Single Room Rs. 9,000/-  
More than one Rs. 9,000/-p.m in aggregate

### **Laundry Charges**

Annual laundry charges Rs. 9,600/- (Rupees 800/- per month) will be charged. In case of long vacation unutilized balance under this head will be refunded along with hostel security after hostel clearance.

### **Refund of Hostel Dues**

- Hostel security, unutilized hostel room rent, mess dues & laundry charges will be refunded after hostel clearance.
- Filled hostel clearance form is required to be submitted to the Accounts and Finance Dept for the processing of refund case.

## **General Instructions Regarding Fee Deposit**

- All figures quoted in the fee rates are subject to change without notice.
- The dates for payment of the fee are fixed and are notified in the beginning of year on notice boards.
- The college administration does not take responsibility of sending reminders to parents / guardians for the payment.
- Students will not be allowed to appear in the University Examination unless all dues are fully cleared prior to the University Examination.
- Fine and penalties are as under;
  - A fine of Rs 100/- per day will be charged if fee is paid within 31 days after due date.
  - A fine of Rs 200/- per day will be charged if fee is paid after next 31 days after due date.
  - If a student fails to pay after 61 days (without valid reason) of due date, he will be suspended from attending classes till he / she pays the dues with fine.
  - If a student does not pay after 91 days of due date without any written permission, he / she will be suspended from the college rolls. In case of re-admission he / she will have to pay full admission fee.
  - Last date for depositing of annual dues is 31<sup>st</sup> August of every year for MBBS from 2<sup>nd</sup> year onward.



# Code of Conduct

All students are advised to read the rules carefully and abide by these rules as envisaged in the prospectus, college notification and their modifications as and when issued. Violations of these rules tantamount to breach of college discipline. The case will be investigated by senior members of the staff and will be forwarded to the college **Disciplinary Committee** for further investigation and its recommendations will be forwarded to the Principal for further necessary action.

## General Rules

- The students must wear their identification cards on a lanyard at all times while in the college premises and hospital.
- All students must maintain the decorum of the college through decent and respectable behavior. Students are forbidden to sing, whistle, hoot, create noise, use abusive language, fight and indulge in any unseemly behavior, politics or activity in the college premises at any time.
- No student is allowed to loiter and move aimlessly in and around college premises or waste his / her time in college cafeteria extensively.
- Students have to be present in time, at any specified activity of the college.
- Student's notices / messages will only be displayed on the notice board placed by the college authorities with the approval of the Principal.

## Moral and Ethics

The students must essentially display the highest moral and ethical standards at the college, hospital and hostels with conduct par excellence.

## College and Government Property

The care and safety of all the property used by students will be ensured by themselves by preventing any willful damage, loss or theft. All damages in any form caused by the students due to their negligence or deliberate act shall be repaired at the expense of the student/ students responsible for the negligence. Walls, fixtures, furniture, models, specimens, charts, skeletal bones, audiovisual teaching aids, notice boards etc. shall not be defaced, mutilated or damaged in any way or form.

## Dress Code

The wearing of prescribed uniform has peculiar importance in medical profession and all students must take pride in their identity. Any student found improperly dressed will be marked absent for the whole day. A habitual defaulter in this regard will be dealt with appropriate disciplinary action.

## Male Dress Code

- White shirt with full sleeves
- Grey trousers
- College necktie
- Maroon blazer with logo on pocket (in winter)
- White Overall
- Black Socks
- Black Oxford or any other shoes

## Female Dress Code

- Full sleeves kameez of any sober colour with white dopatta
- White Shalwar
- Maroon blazer with logo on pocket (in winter)
- White Overall
- Sober foot wear

## Attendance

- **The Attendance should be 100% in all lectures / practicals / clinical sessions.** As per requirements of NUMS & PMDC, a **minimum attendance of 75% is MANDATORY “individually” in each subject** being taught in that year (in lectures / practicals / clinical sessions), in order to qualify for appearing in NUMS annual exam.

### **This will be strictly enforced.**

- The margin of 20% of absence in lectures, practicals, tutorials, demonstrations and clinical wards is desired to cover absence only on account of sickness or any emergency if considered justifiable by the Principal.
- Repeated absence from lectures, practicals, tutorials, demonstrations and hospital clinical wards, without any justified reasons, will make a student liable for punishment.
- The students must periodically check their attendance record from concerned departments.
- For leave or absence, the students must apply in writing and get it countersigned by all HODs before submitting at the Principal office. The reasons for his/her request should be clearly mentioned. In all cases, leave taken will be at the student's own risk as far as the percentage of the attendance is concerned; even the medical certificate will not condone for any deficiency in attendance.



## Academic Performance Assessment

Attaining of 50% marks individually in each subject in Class tests / Module test / Mid term / Final term / Pre-Annual examination is **MANDATORY**. A student can be dropped from appearing in University Exam by the Principal on account of poor academic performance.

## Class/ Ward Discipline

Teachers and students maintain a highly professional interaction in the academic sessions which is a very distinct feature of the college, and the same has to be continued at all times. Students must switch off their cell phones before they enter the lecture room, laboratory, library and wards. Punctuality regarding class/ ward timings and maintenance of proper discipline in the classrooms, practicals, demonstrations, tutorials and ward is mandatory.

## Peaceful Environment

The maintenance of a safe and secure environment in the campus, hospital and hostels has immense importance in a professional institute. The college accords the highest priority to this vital aspect.







## Correct Attitude & Behaviour

The students are completely facilitated to devote themselves in their professional studies and expected to shun unwanted societal trends. The possession and use of weapons and substances of abuse, keeping of objectionable materials or pets and smoking etc are totally forbidden in the campus, hospital and hostels.

## Examination

- Textbooks, notes and cellular phones are not allowed in the examination hall.
- Any student coming 10 minutes after the start of the paper will not be allowed to take the examination.
- NUMS Professional Examination Admission form will be processed only after the clearance from Accounts and Finance Department.

## Use of Unfair Means In College & University Examinations

Any student involved in using unfair means / impersonation will be liable for disciplinary action which may tantamount to expulsion / cessation of all academic activities as per rules of National University of Medical Sciences (NUMS) Islamabad PM & DC.



## Politics and Religion

- Political activities of all types are prohibited in the college and hostel premises. Involvement of the students in any sort of political, sectarian, ethnic and other such activities in campus, hospital and hostels is viewed with **zero tolerance** by the college administration. Undertaking to that effect will be obtained from the students and their parents.
- No political and objectionable gathering and meetings of students will be allowed in the premises of college and hostels.
- No student should address any conference including press conference, nor write to the press, electric, social media on a political or related subject or matter concerned directly with the administration of the college or any government or educational institution, university etc in Pakistan or abroad.
- No religious ceremony likely to hurt the feelings of other students/ boarders shall be performed in the hostel.

## Law and Security

The laws of the country and the common rules about security of information, men and materials regarding Armed Forces will be strictly followed by the students. The security officer of college and hospital will be apprising the students on need basis.

## Liaison with Parents / Guardians

Parents / guardians will be kept informed of the academic performance of the students on regular basis. However, ensuring correctness of correspondence address and contact details of parents is the responsibility of students / parents / guardians.

## Hostel Discipline

Our excellent hostel buildings equipped with the modern facilities have been recently constructed to ensure a student-friendly environment with comfortable living standards. The hostelites are expected to enjoy their stay without any distraction and disturbance. Hostel wardens facilitate maintenance of a congenial environment in a disciplined manner.





## Hostel Rules

- Every student shall be in his/ her room at 08:00 p.m. in the summer and in the winter except those who are on official duty in hospital. These timings are subject to change if so required by the administration.
- Boarders are prohibited from leaving the hostel after the above mentioned time. Any boarder, who wishes to stay out after this time, shall take prior permission from the warden. Late comers in the hostel will first report to the warden of their hostel before proceeding to their rooms.
- The Students must keep their rooms in hostel neat, clean and tidy.
- College is not responsible for loss of any property, valuables and jewellery etc. of the boarders.
- No females are allowed to visit or stay in boy's hostel and vice versa.
- Parents of female students will provide photograph and photocopy of the National Identity cards of three visitors nominated by them to the college authorities who are authorized to visit their daughter at the hostel.
- In dealing with any breach of discipline / infringement of rules and regulations mentioned above, the Principal may decide to order appropriate penalty including apology (verbal or written), fine, temporary suspension from the college, removal from the hostel or after due concurrence of College Discipline Committee/ Academic Council expulsion from the college and rustication.
- Use of unauthorized electrical items like electric heaters / blowers, electric kettle, microwave / electric oven / electric iron can result in short circuiting, hence are strictly forbidden to be used in hostel rooms.
- Parents/ guardians are expected to cooperate with the authorities of the college by prevailing upon and motivating their wards not to take part in any antisocial activities.

**Note: Infringement of these rules is a serious offence.**



## Disciplinary Committee

The college **Disciplinary Committee** keeps effective watch over maintenance of discipline and enforces the code of conduct in routine daily matters. A team nominated by the Principal, will comprise the committee. In cases of any breach of discipline, the decision taken by the Principal will be final and can't be challenged. The committee will meet on quarterly / required basis.

## Composition

The composition of the disciplinary committee is as under:-

- President:** Brig Haroon Rashid, (R) SI (M)  
Vice Principal / Dy Chief Executive
- Members:**
- Prof. Dr. Muhammad Qasim Saeed  
*Dean, IOD*
  - Prof. Dr. Brig Abdus Sattar, (R) SI (M)  
*HOD Pathology*
  - Prof. Dr. Maqbool Ahmed Khan  
*HOD Behavioral Sciences*
  - Prof. Dr. Muhammad Siddique  
*Medicine Department*
  - Brig. Zaheer Akhtar  
*DME (Director Medical Education)*
  - Lt. Col. Khizar Iqbal Mufti (R)  
*MOI/C Infirmary*

## Disciplinary Actions

Various disciplinary actions taken by the committee according to the nature and degree of violation of rules by the students after deliberations of the committee can be as under:-

- Withdrawal from College rolls.
- Debarment from all academic activities.
- Cancellation of hostel allotment.
- Cancellation of leave.
- Cash fines.
- Extra library sittings.
- Ban to visit cafeteria and hostel.
- Formal warning with information to parents / guardian.
- Disallowing to apply for university examination.



# Infirmary

A well equipped unique Medical Facility at CMH LMC & IOD to take care the health matters of Students, Faculty and Staff at their own Alma mater for prompt and timely health care consultation and Management.



Dr. Lt Col Khizer Iqbal Mufti (Retd) is the care taker of this Medical Setup as Senior Medical Officer, who is a graduate of Army Medical College having done his MCPS in Family Medicine and Master's in Advance Medical Administration from Quaid-e-Azam University Islamabad. He is also governing the Hygiene & Sanitation of the Campus and monitoring the Mess standards & other comestibles being provided to students & Staff.



# College Faculty

## Department of Medical Education



**Brig Zaheer Akhtar**  
*Director of Medical Education*

Brig Zaheer Akhtar is a graduate of Army Medical College Rawalpindi. Holds Masters Degree in Medical Administration from Quaid-e-Azam University Islamabad and Diploma in Aerospace Medicine from Aero Medical Institute Karachi. During his illustrious career in Armed Forces he held various command and staff appointments of Medical Establishment both inland and abroad. He has served as Flight Surgeon in Pakistan Air Force and Royal Air Force, Saudi Arabia. He has Commanded Combined Military Hospital Dera Ismail Khan, Pakistan Air Force Hospital Mianwali, Heavy Industries Taxila Hospital and Combined Military Hospital Okara. He also served as Director Medical Service Southern Command Baluchistan. In his credit a tangible

contribution in provision of Medical Support in Southern Command, Baluchistan and improvement of served health care facilities, with special emphasis on patient care.



**Lt Col M. Saad Ullah Khan Sumbal (Retd)**  
*Assistant Director Medical Education (Student Affairs)*

Lt Col M. Saad Ullah Khan Sumbal (R) is a graduate of Army Medical College Rawalpindi (1985). Holds masters degree in administration from Quaid-e-Azam University Islamabad. An alumnus of Aeromedical Institute Karachi, he served as a distinguished flight surgeon in Pakistan Air Force and Army Aviation. He is recipient of postgraduate certification in Public Private Partnership Projects and Effective Project Management from Pakistan planning and management institute Islamabad. During his illustrious career in Armed Forces he has held various command and staff appointments of medical establishments both inland and abroad. He has served as an evaluator and instructor of diverse healthcare establishments in Punjab during his 3

year stint with Punjab Healthcare Commission. He has to his credit a tangible contribution as a co-author in compiling reference manual of minimum service deliver standards (MSDS) by Punjab Healthcare Commission.



**Lt Col Dr. Nadeem Yar Khan (Retd)**  
*Assistant Director Medical Education (Academics)*

Lt Col Nadeem Yar Khan (Retd) is graduate of AM College Rawalpindi, a member of CPSP in Family Medicine and Masters in Medical Administration from Qaide-e-Azam-University. Certified in Medical teaching and innovative learning from UHS, with collaborate of Liverpool (USA).

Facilitator and Post Graduate trainer in communication skills and inter-personal skills and counseling Mentor in art of Public Speaking and Motivation. Has conducted more than 400 training workshops and trained more than 12000 doctors & specialists from all Medical disciplines and counting.

**Hafiz Syed Intkhab Hasan**  
*Officer Student Affairs (training)*

**Kashif Habib**  
*Officer Student Coordinator*





### **Prof Junaid Sarfraz Khan**

MBBS, B.Sc, F.C.P.S (Gen. Surg.), F.R.C.S (Glasg),  
Dip Med. Edu. (UK), MED (ELM), Ph.D (Med Edu)

***Dean of SHaPE***

Dr. Junaid Sarfraz Khan is the Professor of Medical Education at CMH Lahore Medical College & Institute of Dentistry. Dr. Khan holds a Ph.D in Medical Education and is a Breast Cancer Reconstructive Surgeon trained at the Royal Free, The St. Bartholomew's and the Royal London Hospitals. Formerly, Dr. Junaid Sarfraz Khan served as the Pro-Vice Chancellor at the University of Health Sciences since 2013 and the Acting Vice Chancellor of University of Health Sciences in 2017. With over 50 publications in international peer-reviewed journals in the area of Medical Education, Dr. Khan is one of the leading medical educationists in the country, regularly contributing to both national and international seminars, conferences and symposia. Dr. Junaid Sarfraz Khan has trained many medical educationists in the country and abroad and is actively involved in faculty development programs of various universities. His area of interest in medical education lies in medical professionalism, curriculum development and assessment and evaluation.

Dr. Khan at CMH LMC & IOD is introducing the Masters and Phd programs in medical education, bioethics, health economics and management. He is also providing support to faculty development at both under graduate and post graduate clinical and basic sciences programs.



### **Dr. Rizwana Kamran**

MBBS, MHPE

***Assistant Professor of Medical Education Department***

She is a graduate of Baqai Medical University and then worked in Pharmacology Department of Lahore Medical & Dental College, Lahore. Dr. Rizwana did her MHPE from University of Lahore and published three research papers. She also attended several workshops and conferences on Medical Education and contributed to academic research & development at University of Dammam, KSA. She won the first prize for her presentation in an international medical

education conference.

### **Dr. Muhammad Nadeem Yar Khan**

MBBS, MCPS (Family Medicine)  
MSc (Medical (Administration))

***Lecturer***

### **Dr. Mahwash Jahangir Khan**

BDS

***Lecturer***



## Department of Anatomy

The Anatomy Department has a spacious, well ventilated dissection hall, equipped with five computer based teaching stations, installed with 3D cyber Anatomy. It also has a mortuary plant with capacity of 12 cadavers. The histology laboratory is fully equipped with tissue processing unit and high quality binocular microscope including multi head microscope with CCTV attached. The Department also has a state of the art Anatomy Museum with over 300 important models of Gross Anatomy, Histology and Embryology. As an innovation in small group teaching, “3D VIVED Anatomy VR Projector system” has been installed.



**Professor Dr. Uzma Naseer**

MBBS, M.Phil

*Professor and Head of Department*

She graduated from Army Medical College. She did her M.Phil from UHS in 2007. She has teaching experience of more than 17 years in the subject of Anatomy. She has 7 publications to her credit. She is also the contributor to Museum Atlas of CMH LMC & IOD. She has attended many workshops and conference relevant to the subject. She is Ph.D Scholar and is currently working on her research project.



## Course Director Dentistry

**Dr. Ansa Rabia**

MBBS, M.Phil, Ph.D Scholar

*Professor*

**Dr. Gull Snober**

MBBS

*Demonstrator*

**Dr. Tayyaba Tahir**

MBBS

*Demonstrator*



## Department of Physiology

Physiology department has a well organized and state of the art laboratory with latest high quality equipment. The department is maintained by experienced, qualified teaching and technical staff under the supervision of the professor and head of department.



**Dr. Farida Hafeez**

MBBS, DCH, M.Phil.

*Professor and Head of Department*

She is a graduate of Fatima Jinnah Medical College (1986) Lahore. She did DCH in 1996 from Royal College of Physician and Surgeon Ireland. She joined the academic profession in 2003 and got her M. Phil degree from Federal Postgraduate Institute Sheikh Zayed Lahore in 2006.

She has many national and international publications to her credit. She has an active participation in Continuing Medical Education and Curriculum Development Programs. She is also serving as examiner for under/post graduate examinations.



## Course Director Dentistry

**Dr. Tanzeela Akram**

MBBS, M.Phil

*Professor of Physiology*

**Dr. Mehwish Qamar**  
MBBS  
*Senior Demonstrator*

**Dr. Asma Khan**  
BDS  
*Demonstrator*

**Dr. Sarha Azam Khan**  
MBBS  
*Demonstrator*

**Dr. Aamina Qaddus Qureshi**  
MBBS,  
*Demonstrator*



## Department of Biochemistry

Department of Biochemistry like other departments has been established on the basis of the fundamental requirements of Pakistan Medical and Dental Council. It has a well equipped laboratory being managed by qualified and experienced technical staff. Biochemistry laboratory is equipped with all essential lab equipments to perform experiments. The equipments include centrifuges, temperature controlled water bath, spectrophotometers, hot air oven, magnetic stirrers, digital balance, electric water distillation apparatus and microscopes etc.



**Dr. Syeda Naheed Zahra Rizwi**

M.Sc., M.Phil., Ph.D.

*Professor*

Dr. Naheed Z. Razwi did her M.Sc. (Biochemistry) in 1975 from University of Agriculture, Faisalabad, M.Phil. (Biochemistry) in 1983 from Postgraduate Medical Institute, Lahore, and Ph.D (Biochemistry) in 2010 from Punjab University, Lahore. Joined as Lecturer in Biochemistry in Fatima Jinnah Medical College, Lahore. Worked there for 11 years as Associate Prof. & Head, Biochemistry department. She has worked in Dubai Medical & Dubai Pharmacy

College for Girls Dubai, UAE, for 17<sup>1/2</sup> years. She has been teaching Biochemistry at undergraduate and postgraduate level since 2005 at various medical Institutes. Her scientific papers have been published in various National and International scientific journals. Presently she is working as professor and head of biochemistry department.

## Course Director Dentistry

**Dr. Sahar Javed**

BDS, B.Sc., M.Phil.

*Assistant Professor*

**Dr. Amna Noor**

BDS

*Demonstrator*

**Dr. Anam Zia**

BDS

*Demonstrator*





## Department of Behavioural Sciences

This department has been established in the light of the instructions of Pakistan Medical and Dental Council. The department, headed by an experienced Psychiatrist, Dr. Maqbool Ahmad Khan TI (M), consists of Psychometric Testing Centre and a Research Centre.



**Dr. Maqbool Ahmed Khan TI (M)**

MBBS, FCPS (Psychiatry)

*Professor and Head of Department*

**Dr. Irum Mansoor**

M.Sc., Ph.D. in Clinical  
Psychology

*Assistant Professor*

**Dr. Muhammad Waqas**

**Rabbani**

MBBS, M.Phil.

*Assistant Professor*

**Dr. Saadia Zahid**

MBBS

*Demonstrator*





## Department of Islamiyat / Ethics and Pakistan Studies



### **Dr. Muhammad Yahya**

M.A (Arabic), M.A (Urdu), M.A. (History)

L.L.B, M.Phil., Ph.D. Islamiyat

*Professor and Head of Department*

Department of Islamiyat / Ethics and Pakistan Studies is headed by Prof. Dr. Muhammad Yahya. He served in University of Engineering & Technology Lahore for 30 years and retired as Chairman Department of Islamic Studies.

## Department of Oral Biology & Tooth Morphology



### **Dr. Saira Atif**

BDS, M.Phil.

*Associate Professor and Head of Department*

Dr. Saira Atif Associate Professor of Oral Biology is heading the Oral Biology & Tooth Morphology department since 2012. She joined Institute of Dentistry, CMH Lahore Medical College in 2011 as a senior demonstrator and got promoted to Assistant Professor/HOD of Oral Biology in 2012. She was promoted to Associate Professor Oral Biology in September, 2017.

Dr. Saira Atif did her schooling and Intermediate (Pre-medical) from Pakistan Education Centre, Doha Qatar. She secured a Gold Medal in Matriculation and Silver Medal in F.Sc. She did her BDS from de'Montmorency College of Dentistry, Lahore in 2003 and M.Phil in Oral Biology from King Edward Medical University, Lahore in 2012. She scored the highest marks in M.Phil examinations amongst all M.Phil students of different specialities. She holds a Certificate in Medical Teaching (CMT) from University of Liverpool and University of Health Sciences Lahore. She has cleared her Year 1 and Year 2 examinations of Masters in Health Professional Examination (MHPE) from UHS in 2019. Currently she is also doing her PhD in Oral Biology. She is a highly motivated and task oriented person who believes that learning should continue throughout life.

### **Dr. Mustafa Qadeer**

BDS, M.Sc.

*Assistant Professor*

### **Dr. Nauman Zaheer**

BDS, M.Phil.

*Assistant Professor*





## Department of Community & Preventive Dentistry

The Department of Community and Preventive Dentistry has been in the fore front of coalition with the community. The department faculty teaches the second year BDS students through dynamic and highly interactive sessions. Besides the institutional learning, the departmental of faculty arranges field trips for the undergraduate students to understand the health system of Punjab. The department is also engaged in community awareness and oral health programme titled, "School Dental Programme". This programme catered for over 16 thousand school going children. The primary goal of this programme is to provide awareness to the parents regarding the oral conditions of their children and supportive treatment at the Institute of Dentistry to cure the problems.



**Dr. Bilal Abdul Qayyum Mirza**

BDS, M.Phil.

*Professor and Head of Department*

Dr. Bilal Abdul Qayyum Mirza, is a graduate of Baqai Dental College, in 2002. He did his M. Phil (Community Dentistry) from University of the Punjab in 2010. He has a number of publications in nationally renowned journals. He has spoken on various national and international forums. He is consistently involved in research and continuing educational programmes.

**Dr. Asthma Shakoor**

BDS, BSc, M.Sc. in Public Health

*Associate Professor*

**Dr. Adeel Ijaz Rana**

BDS

*Demonstrator*

**Dr. Ali Anwar**

BDS, M.Sc. in Dental Public & Primary Health

*Assistant Professor*



## Department of Pathology

CMH Lahore Medical College has a fully developed pathology lab infrastructure along with FCPS qualified consultant pathologists in all the subspecialties to impart necessary training. The department works in collaboration with Pathology department of CMH Lahore which is already recognized by CPSP for post graduate training (FCPS & MCPS) in all major branches of Pathology. The department includes Chemical Pathology, Endocrinology, Hematology, Blood Bank, Histopathology, Cytology, Microbiology & Immunology along with Clinical Pathology Sections. Human resource includes consultant Pathologists supported by a highly trained and committed lab team. The Lab is managed through custom made Lab Info System (LIS) and has automation and induction of sophisticated technologies and equipment in various disciplines.

The Pathology museum contains a large number of specimens. The museum was established under the direct guidance and supervision of the ex-head of department, Professor (late) Ghulam Rasul Qureshi who was a renowned personality in the field of Pathology.



### **Dr. Abdus Sattar**

MBBS, MCPS, FCPS, M.Phil.

*Professor and Head of Department*

Brig (R) Abdus Sattar graduated from Quaid-i-Azam Medical College in 1979 and served in Pakistan Armed Forces for 31 Years. He has been teaching the subject of Pathology (Chemical Pathology) in various Medical Institutes and Hospitals. As an examiner in the subject of Pathology he is on the panel of various Universities of Punjab.

He has been a member of Faculty of Chemical Pathology and an examiner of Fellowship Degree (FCPS) awarded by the College of Physicians & Surgeons Pakistan. He was conferred "Life Time Achievement Award" by Pakistan Society of Pathology for his meritorious services in the field of Pathology. He has more than 30 publications on his credit in various reputable journals.



## Course Director Dentistry

### **Dr. Sabahat Javaid Butt**

MBBS, M.Phil., DCP

*Professor*

General Pathology and Microbiology are taught in 2nd year BDS so that at this level the students can decipher the basis of disease. As a professor with massive experience and a sound knowledge of his subject, he imparts education with great enthusiasm and organization.



**Dr. Afia Sarwar**  
MBBS, FCPS  
*Associate Professor*

**Dr. Mydaa Azhar**  
BDS  
*Demonstrator*

**Dr. Maha Urooj**  
BDS  
*Demonstrator*

**Dr. Maila Habib Piracha**  
BDS  
*Demonstrator*



## Department of Pharmacology & Therapeutics

The Department of Pharmacology at CMH Lahore Medical College and Institute of Dentistry is recognized for its highly skilled teaching. It has a well-equipped lab with modern instruments which are used to observe the effects of different drugs on various organs. This forms the basis of research for students as well as prepares them to treat different diseases by using these drugs. We will soon acquire PowerLab for both undergraduate and postgraduate research activities.



### **Dr. Aisha Talat**

MBBS, M.Phil.

*Profesor and Head of Department*

Professor Aisha Talat did her MBBS from Quaid-e-Azam College, Bahawalpur and her M.Phil. from the Post Graduate Medical Institute, Lahore. She has been teaching Pharmacology since 2002 in various medical colleges and has been working at CMH medical college, Lahore since its inception.

## Course Director Dentistry

### **Dr. Rabiea Bilal**

MBBS, M.Phil.

Professor

### **Dr. Kamran Zaman**

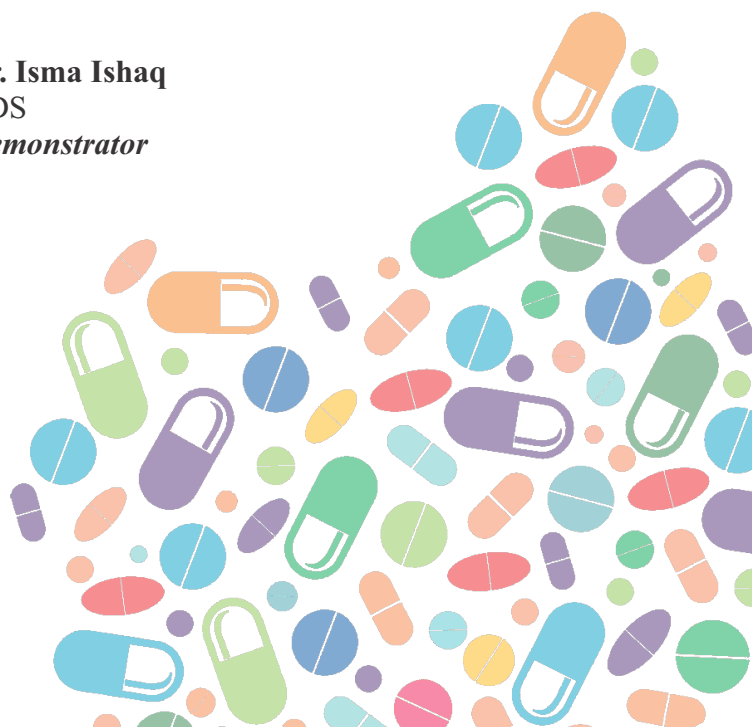
MBBS

*Demonstrator*

### **Dr. Isma Ishaq**

BDS

*Demonstrator*





## Department of Science of Dental Materials

The Department of Science of Dental Materials has been actively involved in teaching and facilitating the dentistry students. The high success rate in UHS professional examinations in the subject of Science of Dental Materials clearly reflects contemporary teacher methodology with highly interactive sessions. Apart from knowledge gain, the students are also familiarized with the latest research in biomaterials, their synthesis and characterization techniques by taking the students to Interdisciplinary Research Center in Biomaterials (IRCBM) Lahore. Subject is taught in lectures, tutorials and practical sessions in which students learn the properties, chemistry and clinical manipulation of dental biomaterials.



**Dr. Salman Aziz**

BDS, M.Sc., Ph.D. (Science of Dental Material)

*Associate Professor and Head of Department*

I was appointed as Assistant Professor & Head of Dental Materials Department at the Institute of Dentistry, CMH Lahore Medical College in December 2015 and was promoted to the post of Associate Professor in October 2018. I completed my Master's degree from University of London in 2008 and undertook my PhD at University of Sheffield and successfully completed in March 2015.

I feel privileged to be a fellow of the Marie Curie Research Association, under which I have worked as an Oral Health Care Scientist for Philips, in Eindhoven, The Netherlands. Currently, I am also a member of the PAK-UK Research collaboration for sustainable and cost effective biomaterials to be used in health care systems of developing countries.

**Dr. Saad Ullah**  
BDS, M.Sc., MFDS, RCSED  
*Assistant Professor*

**Dr. Khaula Ashfaq**  
BDS  
*Demonstrator*

**Dr. Ayesha Tariq**  
BDS  
*Demonstrator*

**Dr. Fiza Tahir**  
BDS  
*Demonstrator*



## Department of Surgery & Allied

CMH Lahore has an elaborate surgical set up with a blend of diversified super and sub specialties including:

General surgery, Traumatology, Urology, Neurosurgery, Paediatric Surgery, Orthopaedic Surgery, Thoracic Surgery, Plastic Surgery and Hand & Upper Limb Surgery Centre.

Surgical Department deals with almost all surgical cases and is well organized into following sub divisions:-

### General Surgery

There are 305 beds earmarked for surgical cases including 13 beds in the well equipped main ITC and 15 beds in surgical ITC. This department is divided further into 3 surgical teams.



**Dr. Chaudhry Ahmed Khan HI (M)**  
MBBS (Pb) Gold Medalist, FCPS, FRCS, FICS  
*Professor and Head of Department*



### Course Director Dentistry

**Dr. Muhammad Imran Hammed Daula**  
MBBS, FCPS, FRCS, MHPE  
Professor

**Dr. Faheem Anwar**  
MBBS, FCPS (Surgery),  
*Associate Professor*

**Dr. Abeerah Pervaiz**  
MBBS, MRCS, FCCS  
*Senior Registrar*



## Department of Medicine & Allied

Department of Medicine is the major department of Combined Military Hospital and CMH Lahore Medical College. It is a highly specialized department and is the hub of clinical and educational activities. All the major sub-specialties are well established and are providing the state of art care to their patients. There are three general medical units headed by very experienced specialists. In addition, there is well equipped 13 bedded medical intensive care unit



### **Dr. Arif Qayyum Khan**

MBBS,MD, FACP(USA),FRCP (EDIN), FRCP (Glassgow),  
FRCP (London),FACG (USA), AGAF (USA), FASGE (USA),  
FAASLD (USA)

Diplomat American Board of Internal Medicine,  
Diplomat American Board of Gastroenterology

*Professor and Head of Department*

Prof Dr. Arif Qayyum Khan is a graduate of King Edward Medical College Lahore. He received his post graduate training in Internal Medicine, Gastroenterology and Hepatology in USA. He is Diplomate American Board of Internal Medicine and Gastroenterology. He is a Fellow of the American College of Physicians, Fellow of the Royal Colleges of Physicians (London, Glasgow and Edinburgh), Fellow of the American College of Gastroenterology, Fellow of American Gastroenterological Association, and Fellow of the American Society for Gastrointestinal Endoscopy and Member American Association for Study of Liver Diseases.



### **Course Director Dentistry**

#### **Dr. Muhammad Saddique**

MBBS, MRCP, FCPS

*Professor*

#### **Dr. Muhammad Ashfaq Zia**

MBBS, FCPS

*Assistant Professor*

#### **Dr. Raja Yasser Shahbaz**

MBBS, FCPS, MD

*Assistant Professor*

## Department of Oral Pathology

Pathology is a specialization which deals with understanding the fundamentals of disease process. Oral Pathology is taught to 3rd year BDS students. The most important purpose of Oral Pathology Department is to give student the ability to correctly diagnose oral lesions for development of an effective treatment and preventive program.

### Academic Programme

Students are given assignments and are encouraged to conduct research about different diseases and give presentations. Practical sessions include observation of gross pathological specimens and histological slides. Culturing bacteria on various culture medium, staining techniques, performing biochemical reactions and tests to differentiate between microorganisms etc. is part of microbiology practical sessions. Practicals of oral pathology include detailed discussion and examination of oral lesions with main emphasis on the histopathological section.

### Diagnostic Programme

Includes the following for dental outdoor patients;

1. Blood glucose
2. Screening for HBV, Anti HCV and HIV (1 and 2)
3. Histopathological examination of specimens obtained from Oral and Maxillofacial Surgery Department.



**Dr. Sabahat Javaid Butt**  
MBBS, M.Phil. DCP  
*Professor and Head of Department*

Oral Pathology Department is headed by Dr. Sabahat Javaid Butt. As a Professor with vast experience and a sound knowledge of his subject, he runs the department with great enthusiasm and organization.

**Dr. Faiqua Yasser**  
BDS, M.Phil.  
*Associate Professor*

**Dr. Bushra Mazhar**  
BDS,  
*Demonstrator*

**Dr. Natalia Malik**  
BDS  
*Demonstrator*

**Dr. Ayesha Muhammad Rana**  
BDS  
*Demonstrator*

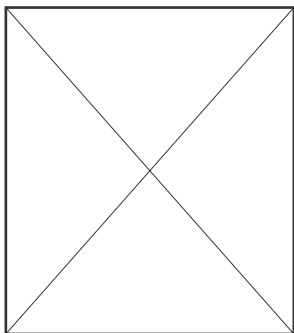




## Department of Periodontology

The Department provides health care services to patients, ailing with the most prevalent disease of the world i.e gingivitis. The services provided range from scaling to periodontal surgeries. The emerging field of Implantology is in vision of the department. Qualified Oral Hygienist form an important part of the team.

The department also provides instruction to dental students on preventive & therapeutic oral health care for infants and children



**Dr. Farhan Javed**  
BDS, MDS  
*Assistant Professor*

**Dr. Yousaf Athar**  
BDS, M.Sc.  
*Assistant Professor*

**Dr. Awrisha Tariq**  
BDS  
*Demonstrator*

**Dr. Daniyal Naeem Dar**  
BDS  
*Demonstrator*

**Dr. Aimen Malik**  
BDS  
*Demonstrator*



## Department of Oral Medicine

The Department of Oral Medicine is concerned with the diagnosis and management of diseases of the lining of the oral cavity, particularly pre-malignant conditions, diseases of salivary glands and with those conditions of the oral & maxillofacial region which are the manifestations of disease elsewhere in the body. The department works in close collaboration with the Department of Oral & Maxillofacial Surgery for the management of many oral and maxillofacial diseases.



**Dr. Fareed Ahmed**

BDS, MCPS

*Assistant Professor and Head of Department*

**Dr. Muhammad Shairaz Sadiq**

BDS, MCPS

*Assistant Professor*

**Dr. Mannal Sohail**

BDS

*Demonstrator*

**Dr. Ayesha Noor**

BDS

*Demonstrator*

**Dr. Alina Saeed**

BDS

*Demonstrator*



## Department of Operative Dentistry & Paediatric Dentistry

The department comprises of pre-clinical and clinical departments of restorative dentistry, crown and bridge and endodontics. The department is equipped with 20 dental units, 20 pre-fabricated workstations and a state-of-the-art pre-clinical phantom head laboratory. Phantom head laboratory is used to develop psychomotor skills of the students on the mannequin before performing procedures on patients.



**Dr. Arham Nawar Chohan**

BDS, B.Sc., M.Sc., FPFA, FADI

*Professor and Head of Department Paediatric Dentistry*

He is a graduate of de'Montmorency College of Dentistry, Lahore. He did his M.Sc. in Paediatric Dentistry in 1990 from Queen's University, Belfast, United Kingdom. He possesses 18 years of teaching and clinical experience from abroad and Pakistan. He was awarded fellowship by Pierre Fauchard Academy, USA in 2000. He has to his credit 30 research publication in international and national journals.

**Prof. Dr. Muhammad Nasir Saleem**  
*Paediatric*

**Dr. Umair Hamid**  
BDS  
*Demonstrator*

**Dr. Kashish Liaqat**  
BDS  
*Demonstrator*

**Prof. Dr. Kh Amjad Hussain Wayne**  
*Paediatric*

**Dr. Hammad Ahmad**  
BDS  
*Demonstrator*

**Dr. Khadija Akhtar**  
BDS  
*Demonstrator*

**Brig. Dr. Nadeem Rana**  
*Assistant Professor (Operative)*

**Dr. Taha Aziz**  
BDS  
*Demonstrator*

**Dr. Mohsin Ajmal**  
BDS  
*Demonstrator*

**Dr. Ume Rubab Sherazi**  
BDS, FCPS  
*Associate Professor*

**Dr. M. Shan Nafees**  
BDS  
*Demonstrator*

**Dr. Muhammad Abdullah Zaheer**  
BDS  
*Demonstrator*

**Dr. Sobia Masood Tirmazi**  
BDS, FCPS  
*Assistant Professor*

**Dr. Hira Anjum**  
BDS  
*Demonstrator*

**Dr. Hamza Ahmad Sahaf**  
BDS  
*Demonstrator*

**Dr. Erum Zahid**  
BDS  
*Demonstrator*

**Dr. Sarmaad Fayyaz**  
BDS  
*Demonstrator*

## Department of Oral & Maxillofacial Surgery

With the proud addition of Professor Riaz Ahmed Warraich Oral & Maxillofacial Surgery Centre at the CMH Lahore Medical College and Institute of Dentistry provides service to the patients in need of maxillofacial surgical intervention, including but not limited to maxillofacial trauma, head & neck benign and malignant pathologies, oral cancer, Maxillofacial deformity and all types of maxillofacial reconstruction.

We strive to provide excellent patient care along with learning opportunities for undergraduate and postgraduate clinical training. We plan to extend into 24/7 facility in the near future and aim to make this state of the art facility the best in Pakistan and collaborate with some of the best centers in the world.



**Prof. Dr. Riaz Ahmad Warraich**  
BDS, FCPS.  
*Professor and Head of Department*

**Dr. Asad Aizaz Chatha**  
BDS, FCPS, MDS, FFDRCSI  
*Associate Professor*

**Dr. Irtaza Hussain**  
BDS  
*Demonstrator*

**Dr. Usman Iqbal**  
BDS  
*Demonstrator*

**Dr. Shoaib**  
BDS, FCPS  
*Associate Professor*

**Dr. Irfan Ullah Khan**  
MBBS  
*Medical Officer*

**Dr. Salman Chishty**  
BDS, FCPS  
*Assistant Professor*

**Dr. Ali Shahid**  
BDS  
*Demonstrator*

**Dr. Noor Ul Saba Hussain**  
BDS  
*Demonstrator*





## Department of Prosthodontics

The specialty is one of the most important branches of dentistry. The department has 20 dental units in clinics and prosthetic and ceramic laboratories. The department is responsible for both preclinical and clinical instruction of dental students. Emphasis is placed on the basic sciences as these relate to daily prosthodontic practice as well as the need for research and its application.



**Dr. Abdul Mueed Zaigham**

BDS, FCPS

*Professor and Head of Department*

He graduated from Nishtar Medical College (Baha uddin Zakria University) Multan. He did his FCPS from CPSP. He has a number of publications to his credit.

**Dr. Hina Zafar Raja**

BDS, FCPS

*Professor*

**Dr. Muhammad Afzal**

BDS, FCPS

*Associate Professor*

**Dr. Atiq Ur Reham**

BDS, MCPS, FCPS

*Assistant Professor*

**Dr. Qayyum Akhtar**

BDS, FCPS

*Assistant Professor*

**Dr. Fatima Hafeez**

BDS

*Demonstrator*

**Dr. Aqsa Nadeem**

BDS

*Demonstrator*

**Dr. Zia Ur Rehman**

BDS

*Demonstrator*

**Dr. Mehwish Wahad Khan**

BDS

*Demonstrator*

**Dr. Khalid Yaqub**

BDS

*Demonstrator*

**Dr. Najeeb Ullah**

BDS

*Demonstrator*



## Department of Orthodontics

The department is equipped with 10 dental units and state of the art laboratory to train both undergraduate and postgraduate students. The department focuses on the specialty in dentistry that deals with alignment of teeth and problems related to growth and development of the jaws. Latest orthodontic techniques and armamentarium are used to provide high quality treatment to patients and special consideration is given to infection control and sterilization. Faculty provides orthodontic instructions to dental students and develop proficiency in diagnosis, treatment planning and treatment of a wide variety of malocclusions using multiple appliance techniques and treatment philosophies.



**Dr. Muhammad Qasim Saeed**

BDS, Ph.D.

*Professor and Head of Department*

He graduated from Nishtar Medical College (Baha uddin Zakria University) Multan. He did his doctorate from Marmara University, Istanbul, Turkey in 2001. He possesses teaching and clinical experience from abroad and Pakistan. He has a number of publications to his credit in international and national journals.

**Dr. Haris Khan**  
BDS, FCPS, FFDRCSI  
*Associate Professor*

**Dr. Asma Rafi Chaudhary**  
BDS, FCPS  
*Assistant Professor*

**Dr. Junaid Dayar**  
BDS  
*Registrar*

**Dr. Rashid Mahmood**  
BDS  
*Registrar*

**Dr. Nida Asad Dar**  
BDS  
*Registrar*

**Dr. Maham Munir**  
BDS  
*Demonstrator*

**Dr. Amna Sabeeh Noor**  
BDS  
*Demonstrator*

**Dr. Isham Jawaaid**  
BDS  
*Registrar*

**Dr. Eesha Najam**  
BDS  
*Demonstrator*

## Department of Anesthesiology, Intensive Care and Pain Management

Faculty consists of following expert Anesthesiologists, having a vast experience of working in various hospitals.



**Brig. Dr. Muhammad Tariq (Retd) SI (M)**  
MBBS, MCPS, FCPS, MSc Pain Medicine  
*Professor and Head of Department*

Brig. Muhammad Tariq (Retd) graduated from Allama Iqbal Medical College Lahore in 1983 and served in Pakistan Armed Forces for about 34 years. He has been teaching the subject of Anesthetics & Intensive Care. As an examiner in the subject of Anesthesia, he is on the Panel of CPSP and different universities in Punjab. He has been a Fellow in the subject of Anesthesiology and examiner of fellowship degree (FCPS) awarded by College of Physicians & Surgeons, Pakistan.

**Dr. Abdul Wasay Toor**  
MD, MS (Anesthesia & Intensive Care)  
*Assistant Professor*

**Dr. Rehana Feroze**  
MBBS, FCPS  
*Assistant Professor*





# VIRTUALS

Convocation 2019









## Sports Day





## Sports Day





## Sports Day

















## Annual Dinner & Musical Night





## Annual English Drama



## **UNDERTAKING- MBBS/BDS**

*(To be signed by the candidate and parents  
at the time of submission of admission form on Rs.100/- stamp paper.)*

I \_\_\_\_\_ Son/Daughter of \_\_\_\_\_

Declare that the information provided in the application form is correct. I have read and understood the terms and conditions of the admission procedure.

I undertake to abide by the "Code of Conduct" of CMH Lahore Medical College and other rules, regulation and instructions issued by the administration from time to time. Moreover I declare that I have been informed that:-

I have to ensure at least 75% attendance "**Individually**" in each subject being taught in that year (in lectures / practicals / clinical sessions) and 50% marks in the class tests / send up examination; otherwise the college administration may not allow me to appear in the university examination. The attendance of subjects not being examined in the same year will "**also be carried forward till the year of examination of that subject and will be included in minimum 75%**" attendance calculation for being eligible to appear in university annual examination.

I have read over and understood the college refund policy.

If I get detained in the previous class, I will pay 100% annual fee (Tuition and other charges) for the existing class irrespective of the No of failed subjects. .

Any type of leave, including medical leave, granted to me during the course of studies will not condone a deficiency in attendance.

The college administration can take any disciplinary action, including expulsion from the college, on violation of discipline and in such cases the decision of the principal will be final.

I am not suffering from any physical or mental illness.

I have adequate financial resources to support my studies at the college. I fully understand that fee, once paid will be refundable as per PM&DC regulations, where applicable, I will not object to any additional charges levied in the future by the Government, University or College.

I, solemnly declare that I have not been expelled from any medical college for any reason what so ever and I have not been disqualified on completion of admissible chances to appear in 1<sup>st</sup> professional MBBS / BDS from any Medical / Dental College of Pakistan.

I hereby solemnly declare that I have not been convicted by any court of law nor I am under trial in any where in Pakistan / Abroad.

\_\_\_\_\_  
Name and Signature of the student

Date: \_\_\_\_\_ 2019

\_\_\_\_\_  
(Name and counter signature of the Parent/guardian)