

a. **Co-curricular Activities: For example**

- i. Student symposia/conferences in the relevant disciplines of basic medical sciences and clinical sciences through their five/four year stay in the Medical College and Institute of Dentistry. They may contribute/participate in these symposia and conferences locally or at the national level. (To be partly funded by the College Admn after determining the genuine and legitimate assistance).
 - ii. Student Electives at the national or international level as per need and requirement of the students for planning and pursuing their future career objectives. (The students undertaking these electives will manage them throughout their own finances).
 - iii. Educational Trips: The students may undertake an educational trip starting from 2nd year onwards for orientation of the different regions of the country to study the local population, their social and medical problems. (The students of different academic years to contribute and manage finances themselves).
 - iv. On successful completion of their five years/four years of stay the graduates need to learn the process of receiving degrees through convocation and reaffirm their commitment to serve the community under oath and practice their profession observing medical ethics in letter and spirit. (To be funded by the College Admn).
- b. Extra-Curricular Activities: The extra-curricular activities are given in the form of a chart on the next page.

b. Extra-Curricular Activities

For the extra-curricular activities the time of the year to be held is suggested by the HODs which is then approved by the Chief Executive/Principal CMH LMC & IOD through the Academic Council.

The budget allocation for the activity is sanctioned by the Chief Executive/Principal after discussion with the concerned HOD/Staff Member under taking the activity. the extra-curricular activities are held usually in the month of March. Each year the expeted amount to run these activities is five to six millions subject to inflation.

| Sr. No. | Clubs/Societies | Headed by | Objectives | Time of Year | Finances (Subject to Inflation) |
|----------------|------------------------|---|--|---------------------|--|
| 1 | Qira'at & Naat Society | Prof. Dr. Saeed Anwar | Keep abreast as a soft reminder to students & faculty to the most basic religious demands. | 3rd Week of April | To be Determined by AD Accounts |
| 2 | Film Making Club | Prof. Dr. Uzma Naseer | Communication Skills, Management, Leadership, Teamwork etc | 1st Week of March | - Do - |
| 3 | Arts & Crafts Club | Prof. Dr. Ansa Rabia | Creative thinking, Stress Relief, Networking, Fund Raising | 1st Week of March | - Do - |
| 4 | Photography Club | Dr. Aamenah Malik Dr. Tayyaba Mahmud | CMH through my eye, Event Photography, Exhibition | 1st Week of March | - Do - |
| 5 | Olympiad & Funfair | Prof. Dr. Nazreen Sharif | Culture, social activism, Games & fun Sponsors and fund raising | 1st Week of March | - Do - |

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| 6 | Annual Sports including Activities of: i. Cricket Club ii. Table Tennis Club iii. Foot Ball Club iv. Badminton Club v. Basket Ball vi. Volley Ball vii. Net Ball | Prof. Dr. Arham Nawaz Chohan | Technikal Skills, General Fitness & Healthy Lifestyle, Teamwork and Leadership Staying Focused and calm under pressure. Trusting in the instincts Learning how to cope up with external conditions. | 2nd Week of March | - Do - |
| 7 | Welfare Clubs including Activities of: i. Students' Blood Donors' Society ii. Patient Welfare Society iii. School Health Dental Care Program | i. Run by students themselves. ii. Dean - IOD iii. Dean - IOD | Awareness and motivation for Blood Donation. Elimination of dependency on family/ replacement and paid blood donation. Service of Humanity, Fund Raising Providing awareness for emergency & multidisciplinary Oral Health Care. | Troughout the Session | - Do - |
| 8 | College Literary Club including the activities of: i. Debating & Quiz Club ii. Dramatics Club iii. College Magazine Club iv. Music Club | Prof. Dr. Shahid Hasan | To learn to analyze issues and come up with solutions. Building organization and persuasive skills. To increase daily awareness and helping boost positive habits like reading and independent research. Creative thinking, Stress Relief, Communication Skills, Management, Leadership, Teamwork etc | 2nd & 3rd Week of Feb | - Do - |
| c. | Technical & Personnel Support | ... | To be provided by College Administration | | |

